



A charity registered in Scotland, Charity number SC047300

Annual Report and Financial Statements

For the period: 1 August 2018, to 31 July, 2019

Trustees' Annual Report

The Trustees have pleasure in presenting their report together with the financial statements for the reporting period 1st August, 2018, to 31 July, 2019.

Reference and Administrative Information

Charity Name

Bellahouston Road Runners

Charity Number

SC047300

Address

% 100 Herries Road, Glasgow, G41 4AN

Trustees

The Trustees from 1st August, 2018

- Chris Doak (Treasurer) (until 20th March 2019)
- Richard Leyton (Chair)
- Lynne Goldie (Secretary) (until 20th March 2019)
- Jane McNeilly (Welfare Secretary)
- Roz Wilson (Membership Secretary)
- Danny Phillips
- Kevin Queenan

At the AGM held on 20th March 2019

- Appointments: Kenneth Crawford (Treasurer)
- Stood down: Chris Doak and Lynne Goldie

And Trustees appointed to the Board in July 2019

- Emer Campbell
- Susan Wilson

Structure, Governance and Management

Constitution

The Charity is a Scottish Charitable Incorporated Organisation (a SCIO). It was registered in its current legal form on 3 April, 2017. The charity was previously an unincorporated association.

The club constitution, required documents and publications, and previous annual reports, are available at bellahoustonroadrunners.co.uk/the-club/charitable-status/

Appointment of Trustees

The club Trustees are drawn from its membership, and form the Board. The Trustees are elected at the Annual General Meeting. Whilst they may be appointed outwith the AGM, they must then be approved at the next AGM.

The SCIO's most recent AGM was 20th March 2019.

There must be a minimum of three Trustees.

Objectives and Activities

Charitable purposes

Our charitable purposes are *the advancement of public participation in sport, and the provision of recreational facilities, or the organisation of recreational activities with the object of improving the conditions of life for the persons for whom the facilities or activities are primarily intended.*

We interpret this as working to make our part of Glasgow, our members, and the community we are a part of, a healthier and more supportive place, and for people to become fit and active through running.

Activities

The charity aims to promote and advance Athletics as a competitive sport, to provide recreational facilities, and to organise recreational activities, available to members of the public at large, with the object of improving quality of life.

We do this by organising regular training sessions, following an agreed coaching plan, meeting twice a week to train and encouraging our members to participate in local, national and international competitive athletics events.



We also organise events for public participation, including our annual 10k in nearby Bellahouston Park in November, which attracts 600+ participants from across Glasgow and the west of Scotland. We are affiliated to our national governing body, Scottish Athletics, and help organise and encourage participation in county and district events.

We are working to increase awareness of our activities, through local community action and events (eg. litter picks), working with partners, and highlighting how running can improve mental health and support lifestyle changes.

We encourage informal activities and events for and by members, which take place throughout the week. Many of our members are regular volunteers at local free parkrun events, including Pollok parkrun, Drumchapel parkrun, and Rouken Glen junior parkrun, which help support a wide participation in running as a sport.



We are delighted that a number of members have been key drivers in growing parkrun events in Glasgow, with members instrumental in the forthcoming establishment of Queen's parkrun, Glasgow (scheduled to start in October 2019), Bellahouston junior parkrun (spring 2020) and helping with Elder park junior parkrun (funded and in development)

Achievements and Performance



Club strategy

The club strategy was drawn up in Autumn of 2017, following a consultation with members. It was approved by members at the 2018 AGM. The strategy sets out the priorities for the club over the next 3-5 years, which the Board continues to work to deliver.

Operational changes, challenges and achievements

New membership fees structure

At the 2018 AGM, members unanimously voted to approve a new membership fee structure which allowed the club to charge a single monthly/yearly fee combining membership and training costs, and also introduce a number of concessionary rates. This was all to be collected electronically, removing the need for the club to handle cash and greatly simplifying administration.

Fees were set to ensure that operational costs were covered by such income, ensuring that profits from income generating events (primarily our annual 10k) were to help our charitable purposes.

Many members have fed back they feel the club continues to represent good value for money. A general increase in attendance has been observed. Whilst weather, holidays and races always affect attendance numbers, we're regularly seeing over 50 members on training nights. Previously training attendance very rarely exceeded this.

Glasgow Green fortnightly training

The club continues to be based at Glasgow Club, Nethercraigs, for the majority of its training. In recognition of feedback from members, the club had begun to explore options for greater traffic-free, well lit endurance training routes.

There are various difficulties on the southside of Glasgow for such, which forms a core location of our group based road running training. The club had previously petitioned



Glasgow City Council to improve the lighting and address tree ingress issues around Bellahouston Park, which would otherwise be an ideal venue for training, all year round.

In absence of this, the coaches decided to expand the popular 'Glasgow Green sessions' which have been an optional part of the clubs programme for some years. Historically they took place from January to April, targeting Spring marathon training.

In 2018 these were extended into the Autumn months, starting in October, and became the training venue once every fortnight. The Board took out a room lease on St Francis Community Centre, to use as a meeting point and for members storage.

Regular track booking



The club previously had non-exclusive use of the track as part of its arrangement with Glasgow Club Nethercraigs. Whilst this generally worked well, increasing attendance and occasional use by members of the public meant that track sometimes became congested, and consequently our members weren't getting the best use of their track time.

In April 2019 the Board decided to investigate a regular track booking with Glasgow Life, and took out a regular booking (1st and 3rd Monday of each month) which enabled the club, our coaches, and other track users to plan, and enable everybody to get much better use from the Nethercraigs facility.

Venue

Our club strategic review kept the option open for the Board to review our training venue should an opportunity arise. Following discussions with Scottish Athletics and Glasgow Life, the Board began discussions with Glasgow Life regarding a possible training base in the vicinity of Bellahouston Park.

No decision has yet been made, but discussions are positive, and will continue into the next reporting period.

Training Day

The club hosted a very well attended training day in November 2018, featuring a day of activities and talks for members, led by existing and former members with expertise or experience. A Cross Country training session commenced proceedings, followed by talks from Emma Birnie on nutrition for runners, Matt Williamson on running injuries, and Bruce Carse on his marathon training experiences.



Participation



With increasing attendance at training, we were delighted with a see record involvement at the Great Scottish Run in 2018. Combined with our regular start area volunteering effort, a total of 85 members were involved on the day.

We had a record attendance at our annual 10k, the Jimmy Irvine Bella 10k, and our post-participation survey gave us a rating of 8.9/10 (up from 2017's 8.5/10). A new course was utilised which was simpler to manage and easier for participants (fewer turns and counter-flows). In the survey participants praised the organisation, signing, and support from marshals, and our post-race spread.

A variety of social runs through the winter months too, included a tour of Glasgow murals, and running Glasgow's subway loop.

In 2017 the club worked with nearby club Bellahouston Harriers to introduce an informal 'mob match', which has now established itself as an important part of both club's year, as well as a great way to build awareness of our clubs, and a fun and useful 'sharpener' event ahead of the National XCs. We're delighted to have 'won' the event for a third successive time in 2019, which speaks well for the attendance at the event across the club.



Performance



The club was delighted to see continued performance successes, particularly from our Ladies, who won numerous National, District and county medals. Some highlights:

- National Women Team Gold medal for National Half Marathon championship at the 2018 Great Scottish Run
 - Second successive Gold, and fourth successive year on the podium
- National Women Team Relay Masters Bronze medals at the National XC Relays in October 2018.
- National Women Team Bronze medal at the Scottish 10 Mile Road Championships (Tom Scott Road Race)
- National 10k at Stirling 10k
 - V40 Masters Bronze for Louise Ross
 - V50 Masters Bronze for Shona Donnelly
- West District XC Masters Women Team champions
- West District XC Senior Women Team Bronze medalists
- West District Half Marathon Championship at Balloch to Clydebank
 - Women's Team winner
 - Individual silver for 2nd overall for Louise Ross (Ann Robin 5th)
 - V40 Gold for Shona Donnelly and Bronze for Emer Campbell
- Renfrewshire AAA XC Senior Women Team Gold Medal
- Renfrewshire AAA 5 mile road race in Greenock
 - V40 Golds for Andy Campbell and Emer Campbell
 - V50 Golds for Shona Donnelly, and Silver for Gerry Scullion
 - Ladies team bronze



This success, at national level, demonstrates the strength of the club in team events. All this is built on the fantastic support and encouragement all members receive, and contribute, when training and racing as a member of the club.

Team selections

Cat MacDonald was selected to represent the West District at the Inter-Districts XC Championships.



Romy Beard and Louise Ross were selected to represent Scotland at the British and Irish Masters XC international in Swansea. The club was pleased to see its national selection travel/kit grant used by its members so selected with travel/kit costs.



Club Awards

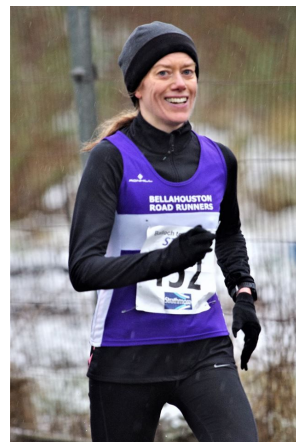
Our Annual Awards ceremony is a highlight of the club year, and allows us to recognise achievements and successes, as well as kick back and relax.



Special awards

We were delighted to make the following special awards, following a vote by our membership.

Member of the year: Kevin Queenan
Most Improved Female: Emer Campbell
Most Improved Male: Robert MacLeod



Championship awards

Our club championship is a hugely important part of our club year, motivating members to compete and take part in a variety of races, distances and event types.

Large turnouts by members at races creates a competitive and fun atmosphere which further helps members achieve excellent results for themselves, and the club.

All who successfully complete the championships receive a special memento.

Open

1st Male: Euan Cunningham **Female:** Louise Ross

V40

1st Male: Gerry Scullion **Female:** Shona Donnelly

Supervet

1st Male: Colin Hughes **Female:** Lucy Mackay

Winter Handicap

1st Male: Colin Hughes **Female:** Romy Beard

XC

1st Male Andy Campbell **Female:** Cat MacDonald



Charity support

Whilst the club itself is a charity, we are keen to play a role in our local community and with our membership with active support for charities.

Prince and Princess of Wales Hospice

The annual 10k, to mark the recent opening of the Prince and Princess of Wales Hospice in Bellahouston Park, gave entrants the opportunity of making a £2 donation. In addition, our “post race spread” - always a popular part of our events - had sealed Hospice collection buckets setup for donations. [Combined, these collections raised £597.58](#)



Christmas charity support

Each Christmas, the club hosts a morning event at Nethercraigs for members and their families, which involves a 5k run, spot prizes and one or two presents.

In recent years the 5k has taken place within Pollok parkrun, with members arriving in fancy dress. Participating members pay £5 each, with participant names drawn from a hat, with the winner nominating a charity.



This year, the Glasgow Children's Hospital Charity was selected by our winner for the £240 raised.

Policies and decisions

Honorary Life Membership

At the 2019 AGM, the club membership approved the Board's proposal of a new 'Honorary Life Membership'. This allowed the club and its members to formally recognise individuals who have made a significant contribution to the club, or to athletics in Glasgow.

For our first recipients the Board recommended, and the membership voted unanimously in favour to support inviting Jimmy and Sandra Irvine to be our inaugural Honorary Life Members.

Jimmy and Sandra Irvine were instrumental to the formation of our club, and are still actively involved. Our annual 10k is named after Jimmy, and in recent years the t-shirt design has featured Jimmy in various races from his illustrious career. We're delighted that the 2019 edition of the t-shirt design features Jimmy and Sandra.



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Road Runners

Expenses policy

The club's expenses policy was amended to enable members attending training to claim reasonable travel expenses (using HMRC guidelines)

Financial Review

Reserves policy

The Trustees have a reserve savings account, holding at least £8000, to provide a financial contingency. This was setup to principally cover worst-case scenarios for an outright short-notice cancellation of our annual November 10k race, which is by far the single largest financial risk the club takes on.

This figure had intended to be reviewed in 2018-19, following on from the new membership fees structure, and an improved understanding of the risks associated with cancelling/re-organising a race. This review will now take place in 2019/20.

Plans for future period

As noted, the club has been exploring a new training venue. We anticipate any costs that arise will initially be met by potential savings on venue rent through a longer term lease arrangement.

The club hopes to secure a long term lease arrangement for the venue. If lease terms allow for the club to drive refurbishment, it will seek to identify grant funds to assist with capital costs, although some of the clubs reserves and savings will be used. However we are optimistic any such work will be covered by the property owner.

The Trustees intend to continue to deliver on the club strategy members approved. We propose to continue developing and supporting our training offering, and seeking to grow our membership and our presence in local events (our own, and others), and the local community. We intend to support our membership prospect with event innovations, such as training days and events, and continuing with track bookings.

This will all likely increase our operational expenditure in the coming year, but the club maintains a healthy bank balance outwith the reserves, and is in a strong financial position with the new membership fee structure.

The club has also been pleased to assist with small financial contributions to help two local parkrun events get established.

Statement of Receipts and Payments

For the year ended 31 July, 2019

	Unrestricted funds	Restricted funds	Previous Period <i>Restated</i>
Receipts	£	£	£
Donations (See Note 1)	15,446		32,546
Gross trading receipts	12,039		9,941
Income from investments other than land and buildings	4		4
Total Receipts	27,489		42,491
Proceeds from sale of fixed assets	0		0
Proceeds from sale of investments	0		0
Sub total	27,489		42,491
Total receipts	27,489		42,491
Payments (See Note 2)			
Expenses for fundraising activities	0		0
Gross trading payments	8,175		7,908
Payments relating directly to charitable activities	15,227		16,768
Grants and donations	448		2,020
Total payments	23,850		26,696
Statement of Balances at 31 July 2019			
Cash and bank balances at start of year	15,795		0
Surplus / (deficit) shown on receipts and payments account	3,639		15,795
Cash and bank balances at end of year	19,434		15,795

Bank and Cash Balances	£
Bank of Scotland total	19,434
Cash in hand	0
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	19,434
	<hr/>

Notes

1. Transfer of funds in 2017-18 include transfer of funds from former, and now dissolved, unincorporated entity included as part of income (donation) of £16,628 on 5th June, when the SCIO became financially active. Please refer to 2017-18 Annual Report.
2. We have restated the categorisation of our payments to better fit with the definitions as we now understand them as laid down by OSCR. The Previous period (2017-18) categorisation has therefore been restated as follows:
 - The £7,908 was previously categorised as “Expenses for fundraising activities”, but is now listed as “Gross trading payments”. This is effectively our 10k event expenditure.
 - The £16,768 was previously categorised as “Gross trading payments”, but is now listed as ‘Payments relating directly to charitable activities’. This is our general expenditure for running our training, membership, online payment systems, social events etc.

Liabilities/Deficits

Our formal liabilities were our Nethercraigs rent and track bookings.

Notes to the accounts

For the year ended 31 July, 2019

Basis of accounting

These accounts have been prepared on the Receipts and Payments basis in accordance with the Charities & Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended)

Nature and purpose of funds

Unrestricted funds are those that may be used at the discretion of the trustees in furtherance of the objects of the charity. The trustees maintain a single unrestricted fund for the day-to-day running of the club, and a separate savings account for financial contingency/reserve purposes.

Restricted funds may only be used for specific purposes. Restrictions arise when specified by the donor or when funds are raised for specific purposes. The charity has **no restricted funds**.

Related party transactions

No transactions, outwith approved expenses (with receipt evidence) were paid to the trustees, or any connected persons during the year.

Independent Examiner

Julia McDonald was the independent examiner of the accounts, and to the Trustees. Julia is a CIPFA qualified accountant. Her examiner's report is attached as Appendix 1.

Approval

This report was approved by the following members of the Board of Trustees on 2nd March 2020



Trustee 1 - Richard Leyton, Chair



Trustee 2 - Kenneth Crawford, Treasurer

Appendix 1 - Independent examiner's report on the accounts

Report to the
trustees/members of

Registered charity
number

On the accounts of the
charity for the period

Set out on pages

Respective
responsibilities of
trustees and examiner

Basis of independent
examiner's statement

Independent examiner's
statement

Independent examiner's report on the accounts

v2

Charity name

Bellahouston Road Runners

SC047300

Period start date

Day

Month

Year

01

August

2018

to

Period end date

Day

Month

Year

31

July

2019

15 to 18 of the Trustees' Annual Report (2018-19)

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the accounts.

In the course of my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
 - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations

have not been met, or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

2/3/2020

Name:

Julia McDonald

Relevant professional
qualification(s) or body
(if any):

CIPFA qualified (CPFA)

Address: