



Bellahouston Road Runners

Trustees' Annual Report and Financial Statements

For the period: 1 August 2021 to 31 July 2022

Reference and Administrative Information

Charity Name

Bellahouston Road Runners

Charity Number

SC047300

Address

% 100 Herries Road, Glasgow, G41 4AN

Trustees

The Trustees from 1st August 2021:

- Richard Leyton (Chair, to 20th June, 2022)
- Jane McNeilly (Welfare Secretary)
- Danny Phillips
- Kevin Queenan
- Kenneth Crawford (Treasurer)
- Emer Campbell (Chair, from 20th June, 2022)
- Susan Wilson (to 20th June, 2022)

And from the AGM on 20th June, 2022:

- Alan Moss
- Catherine Laurence
- Leanne McIntosh
- Stuart Laurence

Members approved the Trustees at the AGM held on 20th June, 2022.

Introduction from the Chair

I'm delighted to share this year's annual club report, covering the period from August 2021 to July 2022.

Building on our 20 year award winning history, we're delighted to report once again on our activities, with our membership growing, training attendance increasing, and our race calendar resume with gusto, and a packed social calendar. It's truly a tribute to the passion and enthusiasm of our members who continue to make the club what it is.

We're looking ahead, whilst hosting our popular 10k wasn't possible in the reporting period, efforts were well underway to resume the event in November 2022. The club is excited to be closely involved in the launch of the West District XC League as a host club, and making Bellahouston park a great venue for running activities once again.

We settled into a new training venue at Clydesdale Cricket Club, adjacent to Hutcheson's school's excellent track facilities, which have proved hugely popular with our members. Our regular Monday night training sessions on the track are very well attended.

This will be my last annual report covering my period as Chair of the club. After six years in post, I decided to stand down from the role at our 2022 AGM.

I'd like to add a personal note to thank everybody at the club who have helped and supported my tenure as Chair/President: Members, coaches, volunteers and, of course, the amazing Trustees on the Board. Right across the club, we've all come together to build further on the club's foundations, and helped ensure it remains a really special place to be a member. I

I couldn't be more delighted to hand over to Emer Campbell, and look forward to helping support her and the work of the Board as a Trustee. I'm delighted too members agreed to expand the Board at the 2022 AGM, so we're continuing to ensure we're representative of our membership.

The next twelve months will be exciting for the club, with more members, bursting with talent, enthusiasm and passion for our sport, great ideas and offers of help.

I'm sure we'll continue to make great strides making running a welcoming, rewarding, accessible and enjoyable sport to be a part of, and cot

Richard Leyton

Trustee, and Chair of the Board (for reporting period, to 20th June, 2022)

Structure, Governance and Management

Constitution

The Charity is a Scottish Charitable Incorporated Organisation (a SCIO). It registered in its current legal form on 3 April 2017. The charity was previously an unincorporated association, started in the year 2000.

The club constitution, documents, publications, and previous annual reports are available on our website at: bellahoustonroadrunners.co.uk/the-club/charitable-status/

Appointment of Trustees

The club Trustees are drawn from its membership and form the Board. The Trustees are elected at the Annual General Meeting. Whilst they may be appointed outwith the AGM, they must then be approved at the next AGM.

The SCIO's most recent AGM was held on 20th June, 2022. There must be a minimum of three Trustees.

Objectives

Charitable purposes

Our charitable purposes are *the advancement of public participation in sport, and the provision of recreational facilities, or the organisation of recreational activities with the object of improving the conditions of life for the persons for whom the facilities or activities are primarily intended.*

We interpret this as working to make our part of Glasgow, our members, and the community we are a part of a healthier and more supportive place and for people to become fit and active through running.

Activities

The charity promotes and advances Athletics as a competitive sport; we provide recreational facilities to all with the aim of improving quality of life.

We organise regular, weekly training sessions following a bespoke coaching plan.

We encourage and support members to participate in local, national and international events and we organise mass participation events, open to the public.

Achievements

Coaching

Robert Hawkins continues to lead our coaching team. Robert is the National Lead Officer – Marathon Project for Scottish Athletics since 2019 and has previously been the lead for the British Olympic Marathon Squad.

Robert sets our core training blocks, providing expert support, guidance and mentoring to our coaches and supports individual members through the Training Peaks app. Gerry Scullion is our head coach and at every training session qualified coaches and group leaders are present to provide encouragement and support.

With the relaxation of COVID restrictions, we were able to meet again in unlimited numbers, restoring the sense of community we have worked so hard to develop within the club.

Group Training

We established a new club base in the southside, at Clydesdale Cricket Club. Members meet there every Monday and alternate Wednesday evenings prior to the planned session.

Monday evenings are now dedicated to track sessions, using the superb facilities at Hutchesons' Grammar School, just across the road from the Clydesdale Cricket Club. 60 – 70 members will complete a 90 minute session focusing on developing speed endurance. These track sessions are one of the big highlights of the training programme we offer and members greatly enjoy them.

Alan Moss organised a regular cross country training session in the winter to get members ready for the restarted cross country season in Autumn 2021.

Competing and racing

Gradually in the summer of 2021, competitive running events restarted in the west of Scotland. The club continued to organise races for members:

- Indoor 1 mile race at the Emirates Arena – November 2021
- Festive Fun Run, Pollok Parkrun – December 2021
- Club Cross Country Race, Nether Pollok – January 2022
- Outdoor 3K track race at Hutcheson's Grammar School – April 2022
- President's Cup, Rouken Glen Park – June 2022

Sadly we were unable to hold our annual Jimmy Irvine 10K race in November 2021, but plans are already being made for it to return in November 2022.

Team and Individual Performance Highlights

Records were smashed this year, Catriona MacDonald broke the club's women's 5K record with a stunning run of 17mins 29 secs at the NE&NCAA Championships in Sunderland in summer 2021. Tony Connelly broke the club's men's 5K record at the Allan Scally Memorial Relays in March 2022, finishing in 15mins 26 secs.



The Bella Women found success at the Cross Country; Catriona MacDonald continued her dominance in the west of Scotland, winning the West District Cross Country Championships in December 2021 and finishing an amazing 10th in the National Cross Country Championships in February 2022 at Falkirk.

Catriona represented Scotland at the Hill Running Home International at Alva in May 2022.



Emer Campbell, Ann Robin and Louise Ross won silver in the V40 category at the National Cross Country Relays in Perth, in October 2021.

Ann Robin won the Lancaster Half Marathon in November 2021.

The 2022 road racing season kicked off at the Renfrewshire AAA Championships at Greenock on a very windy Sunday in early February. It was an incredibly successful afternoon for the club with Bellas picking up medals in almost every category.



Rebekah Russell won silver in the women's race, Emer Campbell was first home in the V40 women's category and Claire Wharton was first home in the V50 women's race. Together, Rebekah, Emer and Claire won gold in the women's team race.



Stephen Bell (left) won the V70 men's race, Frans Roelofse was second in V60 and Allon Galbraith was third in the V60 men's race. Tony Connelly, Bryan Mulgrew, Alan Moss, Grant Murphy and Lewis Roberts won the bronze medal in the men's team race.

At the Kirkintilloch 12.5K the following week, Bryan Mulgrew was second in the men's race, Deborah Gray second in the women's V50 race and Murdoch Rodgers was first in the men's V70 race.

We held our annual mob match against our good friends and rivals Bellahouston Harriers on 19th February at Pollok Parkrun. Bellahouston Road Runners were victorious for the 6th year in a row.

Deborah Gray was second in the women's V50 race at the Tom Scott 10 mile race at Strathclyde park in April 2022.



The Babcock 10K Series restarted in May; at the Helensburgh 10K, Bryan Mulgrew was first and Grant Murphy was third in the 15-39yrs men's race. At the Dumbarton 10K, Tony Connelly was third in the men's race and Claire Wharton first in the women's V50 race. Claire's winning streak continued when she was second in the women's V50 race at the Shettleston 10K at the end of May.

Bellahouston Harriers held the Brian Goodwin Race on a lovely midsummer's night in Pollok Park. There were some amazing results from club members:



Ladies		Gents	
Roz Wilson	2 nd FV50	Gerard Scullion	1 st MV50
Pauline Wright	1 st FV55	Andrew Haddow	2 nd MV65
Rhoda Yarmahmoudi	3 rd FV55		
Shirley Wieland	2 nd FV60		
Terry Nimmo	3 rd FV60		

President's Cup

We were able to hold our President's Cup race on 23rd June 2022. The format is a mass handicap race for all members; over the last 2 years, because of the COVID pandemic, we couldn't hold it in its usual form and so it was fantastic for everyone to be able to race together again.



In tribute to Elizabeth Hughes, we decided to hold it in her favourite Glasgow park, Rouken Glen.

90 members took part, the ladies race was won by Sandra Band and the men's race by Simon Wells.

Elizabeth's family were there to watch the race and present the prizes. We raised over £800 for the Beatson Cancer Charity, who treated Elizabeth during her last illness.

Social events

With the lifting of social distancing restrictions in the summer of 2021, the club was able to restart its social events.

We started slowly with a night out at the Bungo in Shawlands in early September; this was the warm up to our Annual Awards night in Sloans at the end of October.

The Club's Christmas fun run took place on the last Saturday before Christmas. Santa Claus visited our post-race party at the Clydesdale Cricket Club, Lucy Mackay and Colin Hughes won best costume. We raised £220 for the Glasgow Children's Hospice Charity and £220 for the Beatson Cancer Charity in memory of club member, Elizabeth Hughes.



That evening we held our annual Christmas Party and Mhairi Hill and Stephen Bell were victorious in our annual Christmas Jumper Competition.

The Club held its annual quiz night after the national cross country championships in February. Alan Digweed and Marty Campbell reunited their COVID musical duo to deliver the live music question round.

Club Championship 2021-22 and Awards Night

The 2020/2021 Club Championships finished in early October 2021 and 75 members had completed the required minimum 7 races over the season.

With the lifting of social distancing restrictions, we were able to hold our annual awards night on Saturday, 30th October, returning to Sloans.

For the second time in 4 years, Kevin Queenan was voted member of the year; a recognition of his phenomenal effort during the pandemic to welcome new members, maintain everyone's competitive edge with club races and virtual segments and run the club's social activities both virtually and (when social distancing was finally abandoned) in the flesh.



Alan Moss was voted the most improved male and Siobhann Dunn the most improved female in 2021.



Rebekah Russell won the Ladies Club Championship and Tony Connolly won the Gents Club Championship

Awards

Gents Club Champion: Tony Connolly

Ladies Club Champion: Rebekah Russell

Gents Senior Championship

Winner: Tony Connolly

Runner Up: Steven Lamb

3rd Place: Grant Murphy

Ladies Senior Championship

Winner: Rebekah Russell

Runner Up: Siobhann Dunn

3rd Place: Isla McIntosh

Gents V40 Championship

Winner: Bruce Carse

Runner Up: Craig Ross

3rd Place: Alan Digweed

Ladies V40 Championship

Winner: Louise Ross

Runner Up: Ann Robin

3rd Place: Emer Campbell

Gents V50 Championship

Winner: Gerry Scullion

Runner Up: Colin Hughes

3rd Place: John Mackenzie

Ladies V50 Championship

Winner: Claire Wharton

Runner Up: Rhoda Yarmahmoudi

3rd Place: Roz Wilson

Gents V60 Championship

Winner: Allon Galbraith

Runner Up: Al Maclachlan

3rd Place: Frans Roelofse

Ladies V60 Championship

Winner: Hazel Pert

Gents Winter Handicap

Winner: Craig Ross

Runner Up: Jamie Robinson

3rd Place: Cormack Smith

Ladies Winter Handicap

Winner: Charlotte Parkinson

Runner Up: Louise Ross

3rd Place: Katie Mathieson

Gents Most Club Champs Races Completed

Winner: Graeme Pert

Ladies Most Club Champs Races Completed

Winner: Roz Wilson

Susan Wilson, Tony Breslin and Kenny McDonald were named Lockdown Legends 2021



Elizabeth Hughes
1964 - 2021



One of the best things about being a Bella is the fact that you get to meet and become great friends with the most amazing and wonderful people.

I first met Elizabeth in November 2014 when I joined the club – she had become a Bella just a short time before me. We very quickly paired up for another unique experience that only runners can appreciate - the 'long run'...

When you find someone equally as focused (some might argue mad!) on sticking to the marathon plan, you spend many hours with them and very quickly, I felt as though I'd known Elizabeth, Colin, Andrew, Patrick, Sean and Roslyn all my life. We often chalked off the miles chatting, laughing and having a right good cathartic moan at whatever had bothered one of us during our week.

I have lots of memories of us running together but there's one particular memory of us training in Hurricane Gertrude that I'll never forget! We were training for the Manchester marathon, and it was Elizabeth's first experience of a 20 plus miler. We all know that Bellas are a hardy lot and a wee bit of wind and rain wasn't going to postpone the run! Marty didn't run then. As I left him on the couch with his Morton's rolls, tea and papers, he looked up and said, 'you two are absolutely mental going out in that!' Poor Colin was more supportive and got roped into being the support crew! As we ran up the hill, he was a drenched figure - barely visible - handing out water! The irony wasn't lost on us, but the water was much needed!

Elizabeth loved our club. She was so encouraging of others and was always delighted to see people making progress through hard work, determination and regular training at the club. We are truly lucky to be part of the Bella family and to meet and become friends with kind, supportive, inspirational people.

Anne Campbell



Community engagement

#LightTheWay

In December 2021, members of the club participated in the #LightTheWay campaign for safety lighting to be installed along the main routes through Glasgow's parks. This is a longstanding issue that came to the fore during COP26 when a Police diversion meant members of the public, including some club members out for run had to make their way through a dark Kelvingrove Park.



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Cerebral Palsy Awareness Month



In March 2022, as part of Cerebral Palsy Awareness Month, Andy Tomlinson was invited to make a video by Scottish Athletics to talk about the support he has received from the club. Andy (and our head coach Gerry Scullion) did a fantastic job explaining how our club is open and inclusive to all.

Race Marshalling

The call went out in early June to club members for volunteers to marshall at the Glasgow Men's 10K. Over 30 members stepped up to help, in addition to raising funds for the club, it is a fantastic way to help raise the club profile.

parkrun Takeover

The club took over Pollok Parkrun in October 2021. To help support these amazing events, the club provides all the volunteers to run the event

West District XC League

Richard Leyton has been leading an initiative with running clubs in the west of Scotland to create a West District XC League. In the inaugural 2022-23 season three clubs, including the Bellahouston Road Runners agreed to host a race event. Richard has been the driving force in getting this project off the ground and it will become one of the big highlights of the cross country season.

Scottish Athletics

We continue to work closely with Scottish Athletics and were delighted to welcome Jamie McDonald at a club track session in March 2022. Jamie completed the training session with us and then met with some of the coaches, group leaders and committee members to discuss how Scottish Athletics can continue to help the club thrive

Elder parkrun/Glasgow Wellbeing Fund

We were delighted to work with the core team of Elder parkrun. As a registered charity, we acted as the partner host for the Glasgow Wellbeing Fund grant the team had applied for. On receipt of the grant (reported as reserved funds), we ensured that it was then paid to parkrun as part of the startup funding package.

We were also happy to assist with the purchase of some equipment essentials for the core team from our own funds. We're absolutely delighted to see another Glasgow parkrun start in June, and already grow into a successful event, right on our doorstep.

Policies and decisions

The club held its Annual General Meeting on Monday 20th June 2022 at the Fotheringay Centre, Pollokshields; members were also able to attend virtually via Zoom.

The Treasurer's report and President's report were presented and passed unanimously by members.

The Board of Trustees presented a proposal to reorganise the official club positions

- Chair
- Strategic lead for club development and representation
- Operational lead
- Treasurer
- Secretary
- Welfare lead
- Public relations lead
- Ordinary members

A motion was proposed to increase the membership component of the standard club subscription fee from £20 to £25, whilst leaving the total fee to members unchanged (£65). This was passed unanimously by the members.

Richard Leyton stepped down as Chair of the Board of Trustees, Emer Campbell was proposed as interim Chair, to be confirmed at the next meeting of the Board of Trustees.

Financial Review

Please see Appendix 2 for the:

- Receipts and payments accounts
- Statement of balances
- Notes to the accounts

Review of the reporting period

Club income grew this year as we came out of the pandemic. Training fees increased as the club grew and we were able to hold our Annual awards night which brought in additional income. We were unable to hold our annual 10k race, which historically has provided a good source of income for the club.

Our cost base increased as the club returned to a bit of normality. More track use and club house hire, plus club covered entry fees (District and National XC, and other events) increased.

Overall we ended the year with a £505 surplus, with the club on a good financial footing allowing us to continue keeping training fees low and focus on our members.

Plans for the future period

As a club we have been able to weather the pandemic financially with club funds staying healthy. It is expected that we will make a small loss in 2022/23 as the period covered by the pandemic fully unwinds. As this report is being written we are holding the Jimmy Irvine 10k race but we are not expecting to make a large surplus as in previous years: supplier and hosting costs have jumped considerably since we were last able to hold the race.

We hope to continue to see a growth in our membership numbers, with over 230 members at the close of the reporting period. Attendance at training continues to increase, and we hope this trend will continue through 2022/23.

Reserves

The final balance for the reporting year is £20,630 (£20,125 in 2020/21)

The Trustees manage a savings account with their bank (Bank of Scotland), which was setup to hold at least £8000 of this to provide for financial contingencies. This was principally to cover worst-case scenarios for an outright short-notice cancellation of our annual November 10k race, which is by far the single largest financial risk the club takes on.

Basis of accounting

The accounts have been prepared on the Receipts and Payments basis in accordance with the Charities & Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended)

Related party transactions

No transactions, outwith approved expenses (with receipt evidence) were paid to the trustees, or any connected persons during the year.

Independent Examiner

Julia McDonald was the independent examiner of the accounts, and to the Trustees. Julia is a CIPFA qualified accountant. Her examiner's report is attached as Appendix 1.

Approval

This report was approved by the following members of the Board of Trustees on 3rd April, 2023

[SIGNATURE REDACTED FROM PUBLIC VERSION]

Trustee 1: Richard Leyton

[SIGNATURE REDACTED FROM PUBLIC VERSION]

Trustee 2: Kenneth Crawford

Appendix 1

		Independent examiner's report on the accounts v2						
Report to the trustees/members of		Charity name Bellahouston Road Runners						
Registered charity number		SC047300						
On the accounts of the charity for the period		Period start date				Period end date		
		Day	Month	Year		Day	Month	Year
		01	August	2021	to	31	July	2022
Set out on pages		15 and 16 of the Trustees' Annual Report, and Appendix 2						
Respective responsibilities of trustees and examiner		The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.						
Basis of independent examiner's statement		My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the accounts.						
Independent examiner's statement		<p>In the course of my examination, no matter has come to my attention</p> <ol style="list-style-type: none"> which gives me reasonable cause to believe that in any material respect the requirements: <ul style="list-style-type: none"> to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations have not been met, or to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached. 						
Signed:		[SIGNATURE REDACTED FROM PUBLIC VERSION]				Date:	19/3/2023	
Name:		Julia McDonald						
Relevant professional qualification(s) or body (if any):		CIPFA - full member						
Address:								

Appendix 2

Bellahouston Road Runners

SC047300



Receipts and payments accounts						
For the period from			to			
	01	08	2021	31	07	2022

Section A Statement of receipts and payments

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total funds current period to nearest £	Total funds last period to nearest £
A1 Receipts						
Donations	20,423	1,000			21,423	18,679
Legacies	-				-	-
Grants	-				-	-
Receipts from fundraising activities	-				-	-
Gross trading receipts	-				-	-
Income from investments other than land and buildings	1				1	1
Rents from land & buildings					-	-
Gross receipts from other charitable activities					-	-
					-	-
A1 Sub total	20,424	1,000	-	-	21,424	18,680
A2 Receipts from asset & investment sales						
Proceeds from sale of fixed assets	-				-	-
Proceeds from sale of investments	-				-	-
A2 Sub total	-	-	-	-	-	-
Total receipts	20,424	1,000	-	-	21,424	18,680
A3 Payments						
Expenses for fundraising activities					-	-
Gross trading payments	-				-	-
Investment management costs					-	-
Payments relating directly to charitable activities	19,372	1,000			20,372	17,147
Grants and donations	547				547	225
Governance costs:					-	-
Audit / independent examination					-	-
Preparation of annual accounts					-	-
Legal costs					-	-
Other					-	-
					-	-
A3 Sub total	19,918	1,000	-	-	20,918	17,372
A4 Payments relating to asset and investment movements						
Purchases of fixed assets					-	-
Purchase of investments					-	-
A4 Sub total	-	-	-	-	-	-
Total payments	19,918	1,000	-	-	20,918	17,372
Net receipts / (payments)	505	-	-	-	505	1,308
A5 Transfers to / (from) funds						
					-	-
Surplus / (deficit) for year	505	-	-	-	505	1,308

Bellahouston Road Runners

SC047300

Section B Statement of balances

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
B1 Cash funds	Cash and bank balances at start of year	20,125				20,125	18,817
	Surplus / (deficit) shown on receipts and payments account	505				505	1,308
						-	
						-	
	Cash and bank balances at end of year	20,630	-	-	-	20,630	20,125
	(Agree balances with receipts and payments account(s))	-	-	-	-	-	-

	Details	Fund to which asset belongs	Market valuation to nearest £	Last year to nearest £
B2 Investments				
		Total	-	-

	Details	Fund to which asset belongs	Cost (if available) to nearest £	Current value (if available) to nearest £	Last year to nearest £
B3 Other assets					
		Total	-	-	-

	Details	Fund to which liability relates	Amount due to nearest £	Last year to nearest £
B4 Liabilities	Hutcheson Grammar School		463	-
	Clydesdale Cricket Club		1,360	
		Total	1,823	-

	Details	Fund to which liability relates	Amount due (estimate) to nearest £	Last year to nearest £
B5 Contingent liabilities				
		Total	-	-

Signed by one or two trustees on behalf of all the trustees

Signature

Print Name

Date of approval

[SIGNATURE REDACTED FROM PUBLIC VERSION]	Kenneth Crawford	03/04/2023
[SIGNATURE REDACTED FROM PUBLIC VERSION]	Richard Leyton	03/04/2023

Section C Notes to the Accounts

C1 Nature and purpose of funds
(may be stated on analysis of funds worksheets)

We have a Treasurers Business Account which is used to take income from membership, race entries and other income. We also have a savings account which is used to store excess funds the club has for any projects which may occur. There is no restrictions on the use of these accounts

C2 Grants

Type of activity or project supported	Individual / institution	Number of grants made	£
		Total	

C3a Trustee remuneration

If no remuneration was paid during the period to any charity trustee or person connected to a trustee cross this box (otherwise complete section 3b)	X
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C3b Trustee remuneration - details

Authority under which paid	£

C4a Trustee expenses

If no expenses were paid to any charity trustee during the period then cross this box (otherwise complete section 4b)	X
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C4b Trustee expenses - details

	Number of trustees	£

C5 Transactions with trustees and connected persons

Nature of relationship	Nature of transaction	Transaction amount (£)	Balance outstanding at period end (£)

C6 Other information

[illegible]