

Bellahouston Road Runners - Jimmy Irvine Achilles Heel Bella 10K
Results - Saturday 12th November 2011

Pos	No	Name	Club	Sex	Category	Time
1	33	ROBERT GILROY	RONHILL CAMBUSLANG HARRIERS	Male	Senior	0:32:07
2	438	KIERAN DOCHERTY	BELLAHOUSTON ROAD RUNNERS	Male	Senior	0:33:47
3	17	RUSSELL WHITTINGTON	BELLAHOUSTON ROAD RUNNERS	Male	M40	0:34:38
4	331	DAVID HENDERSON	GREENOCK GLENPARK HARRIERS	Male	Senior	0:34:42
5	305	MICHAEL MCLOONE	GREENOCK GLENPARK HARRIERS	Male	M40	0:34:50
6	139	GREIG GLENDINNING	BELLAHOUSTON ROAD RUNNERS	Male	M40	0:34:59
7	29	BRUCE CARSE	BELLAHOUSTON ROAD RUNNERS	Male	Senior	0:35:03
8	509	NIALL MCALINDEN	WESTERLANDS CCC	Male	Senior	0:35:07
9	361	STEVEN CAMPBELL	GREENOCK GLENPARK HARRIERS	Male	Senior	0:35:11
10	28	CRAIG REID	BELLAHOUSTON ROAD RUNNERS	Male	Senior	0:36:08
11	483	DAVID HUNTER	PERTH ROAD RUNNERS	Male	Senior	0:36:11
12	117	CRISPIN WALSH	BELLAHOUSTON HARRIERS	Male	Senior	0:36:15
13	403	GRAEME CROLL	GIFFNOCK NORTH	Male	M40	0:36:18
14	481	ALEXANDER CHALMERS	GARSCUBE HARRIERS	Male	M40	0:36:20
15	47	ROBBIE HAYMAN	BELLAHOUSTON ROAD RUNNERS	Male	M40	0:36:26
16	103	BOB REID	BELLAHOUSTON ROAD RUNNERS	Male	Senior	0:36:40
17	248	JOHN REDDING	LINLITHGOW AC	Male	Senior	0:36:52
18	134	TOMMY O'CONNELL	BELLAHOUSTON ROAD RUNNERS	Male	Senior	0:36:54
19	120	RAYMOND FARRELL	BELLAHOUSTON ROAD RUNNERS	Male	M40	0:36:55
20	330	CHRIS BOUSTRED		Male	Senior	0:37:00
21	451	DAVE BLACK	ARRAN RUNNERS	Male	M40	0:37:03
22	184	LIAM CONWAY	BELLAHOUSTON ROAD RUNNERS	Male	M40	0:37:21
23	92	BRIAN ROBERTSON		Male	Senior	0:37:30
24	147	ANDY LAW	MID ARGYLL AC	Male	M50	0:37:34
25	138	JAMES HEALY		Male	M40	0:37:35
26	18	BRENDAN MORIARTY	BELLAHOUSTON ROAD RUNNERS	Male	Senior	0:37:39
27	106	SHAZAD HAKEEM	RONHILL CAMBUSLANG HARRIERS	Male	Senior	0:37:40
28	469	SCOTT MCCULLOCH	SPRINGBURN HARRIERS	Male	Senior	0:37:45
29	67	JOHN GIBBONS	KELVIN RUNNERS	Male	M40	0:37:48
30	497	NEIL MACKAY		Male	M40	0:37:59
31	82	NEA MACINNES	BELLAHOUSTON ROAD RUNNERS	Male	Senior	0:38:04
32	40	BRYAN BURNETT	BELLAHOUSTON ROAD RUNNERS	Male	M40	0:38:17
33	351	SIMON SHERIDAN		Male	Senior	0:38:22
34	397	DONALD MACLAREN		Male	Senior	0:38:23
35	237	ROBERT ADAMS	GREENOCK GLENPARK	Male	M40	0:38:31
36	332	KEVIN FERRIS	SPRINGBURN HARRIERS	Male	Senior	0:38:34
37	378	MATTHEW WILSON		Male	Senior	0:38:35
38	416	STEVEN WATSON	GREENOCK GLENPARK HARRIERS	Male	Senior	0:38:39
39	302	CHRISTOPHER MCHARDY	CENTRAL AC	Male	Senior	0:38:40
40	223	STUART MCGEACHY	CAMPBELTOWN RUNNING CLUB	Male	Senior	0:38:44
41	373	STEPHEN MCCRORIE	FSR - AYR	Male	Senior	0:38:51
42	450	GARY STEWART	BELLAHOUSTON HARRIERS	Male	M40	0:39:01
43	432	RUAIRIDH MACDONALD	BELLAHOUSTON HARRIERS	Male	Senior	0:39:06
44	278	FREDERIC CHARRE		0 Male	Senior	0:39:16
45	119	GRANT EDMONDSON	BELLAHOUSTON ROAD RUNNERS	Male	M40	0:39:18
46	112	SIMON LENNOX	DUMBARTON AAC	Male	Senior	0:39:22
47	350	ALASTAIR SKELTON		Male	Senior	0:39:23
48	69	MARK RAFFERTY		Male	Senior	0:39:25
49	492	GORDON ALLSOP	ARRAN RUNNERS	Male	M40	0:39:34
50	462	LIAM SMART	GLEN PARK HARRIERS	Male	Senior	0:39:41
51	392	STUART MCLEAN	FSR	Male	Senior	0:39:44
52	45	FRANS ROELOFSE	BELLAHOUSTON ROAD RUNNERS	Male	M50	0:39:47
53	448	CRAIG LAMONT	BELLAHOUSTON HARRIERS	Male	Senior	0:39:51
54	443	ANDREW CARSON	BELLAHOUSTON ROAD RUNNERS	Male	Senior	0:39:54
55	365	MARTIN MCCRORIE	FSR	Male	Senior	0:39:56
56	16	HARRY O'DONNELL		Male	Senior	0:39:58
57	452	CRAIG CLARKE		Male	M40	0:40:01
58	372	JULIE DONCASTER		Female	Senior	0:40:03

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59	390	GRAHAM MCGRATTAN	GREENOCK GLENPARK HARRIERS	Male	M50	0:40:10
60	121	JIM ROBINSON	BELLAHOUSTON ROAD RUNNERS	Male	M50	0:40:12
61	72	JOHN HAGEMEISTER	FUSION TRIATHLON CLUB	Male	Senior	0:40:26
62	125	ANDREW BUCHANAN	MOTHERWELL AC	Male	Senior	0:40:28
63	201	YANA THANDRAYEN	PORTOBELLO RUNNING CLUB	Female	F35	0:40:30
64	154	ANTHONY QUINN	CARTHA HARRIERS	Male	M50	0:40:42
65	498	STEPHEN GRANT		Male	Senior	0:40:42
66	487	GAVIN RIGGS		Male	Senior	0:40:45
67	363	CHRIS SHERIDAN	VICTORIA PARK AMATUER ATHLETIC C	Male	Senior	0:40:47
68	489	SHEENA JACK	FIFE AC	Female	Senior	0:40:48
69	370	PAUL KELLY	DUMBARTON AAC	Male	Senior	0:40:53
70	261	CHARLENE KELLY	DUMBARTON AAC	Female	Senior	0:40:58
71	279	ALEXANDER WATSON	FALKIRK VICTORIA HARRIERS	Male	M50	0:41:02
72	369	MARTIN VAUPEL	BELLAHOUSTON ROAD RUNNERS	Male	Senior	0:41:05
73	27	PETER GOODWIN	BELLAHOUSTON ROAD RUNNERS	Male	M40	0:41:11
74	49	STEPHEN MACINTYRE	GLASGOW TRIATHLON CLUB	Male	M40	0:41:12
75	470	MIKE MELLOR	ARRAN RUNNERS	Male	M40	0:41:13
76	297	ANDREW BEATTIE	DUMFRIES HARRIERS	Male	Senior	0:41:14
77	493	RICHARD SMITHSON	EDINBURGH AC	Male	Senior	0:41:15
78	364	STEWART MULHOLLAND	BELLAHOUSTON HARRIERS	Male	M50	0:41:19
79	113	JOHN NEWLANDS	BELLAHOUSTON ROAD RUNNERS	Male	Senior	0:41:20
80	131	CHRIS BELL	BELLAHOUSTON ROAD RUNNERS	Male	Senior	0:41:23
81	478	ANN HOOD	UKNETRUNNER	Female	Senior	0:41:23
82	265	MICHAEL CAREY	EDINBURGH TRIATHLETES	Male	Senior	0:41:24
83	63	IAN COCKBURN		Male	M40	0:41:41
84	418	CHRIS WATSON	GREENOCK GLENPARK HARRIERS	Male	Senior	0:41:42
85	473	STEPHEN JONES	MARYHILL HARRIERS	Male	Senior	0:41:52
86	3	JOE CHAMBERS	SPRINGBURN HARRIERS	Male	Senior	0:41:54
87	290	RALPHY HILL	CAMPBELTOWN RUNNING CLUB	Male	M40	0:41:55
88	456	JOHN SMITH		Male	M40	0:41:56
89	70	JUSTIN BOYES	BELLAHOUSTON ROAD RUNNERS	Male	Senior	0:41:58
90	109	MARK MCGOLDRICK	BELLAHOUSTON ROAD RUNNERS	Male	Senior	0:42:01
91	292	GRAEME LUNDBERG		Male	Senior	0:42:05
92	340	KATIE MATHIESON	BELLAHOUSTON ROAD RUNNERS	Female	F35	0:42:06
93	64	ADRIAN BICKERSTAFF		Male	Senior	0:42:06
94	329	SCOTT MCLEOD		Male	Senior	0:42:14
95	171	ALAN NELSON		Male	Senior	0:42:15
96	182	DAVID GROVES		Male	Senior	0:42:16
97	512	ANDREW SCOTT		Male	Senior	0:42:23
98	324	RICHARD MURCIANO		Male	Senior	0:42:28
99	114	ALAN DICKSON		Male	M40	0:42:33
100	387	ALEX LAWTHER	BELLAHOUSTON ROAD RUNNERS	Male	Senior	0:42:34
101	313	STUART BLACKWELL		Male	M40	0:42:35
102	140	ANN ROBIN	BELLAHOUSTON ROAD RUNNERS	Female	Senior	0:42:38
103	135	CIARA BAXTER	BELLAHOUSTON ROAD RUNNERS	Female	Senior	0:42:39
104	252	CHRIS ALLAN		Male	Senior	0:42:46
105	315	KEITH AINSLIE	DUMFRIES HARRIERS	Male	M40	0:42:53
106	429	SCOTT PEACOCK		Male	M40	0:42:57
107	74	THOMAS FERRIE	GLASGOW FRONTRUNNERS	Male	Senior	0:42:58
108	465	BERNARD KANGLEY	GLEN PARK HARRIERS	Male	M40	0:42:59
109	235	BARRY NEILL		Male	Senior	0:43:01
110	41	RODGER MCELENEY	STRATHCLYDE FIRE & RESCUE	Male	M50	0:43:02
111	8	CRAIG BROWN	GARSCUBE HARRIERS	Male	M40	0:43:03
112	383	NICHOLAS FORRESTER	BELLAHOUSTON ROAD RUNNERS	Male	Senior	0:43:04
113	384	PAULINE WRIGHT	BELLAHOUSTON ROAD RUNNERS	Female	F35	0:43:04
114	471	CRAIG TORGERSEN		Male	Senior	0:43:07
115	476	SCOTT LYDEN		Male	Senior	0:43:07
116	377	SCOTT JOHN MCNAB	BELLAHOUSTON ROAD RUNNERS	Male	Senior	0:43:11
117	105	KEITH GIBB	BELLAHOUSTON ROAD RUNNERS	Male	M40	0:43:15

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118	266	JULIA HARRIS	BELLAHOUSTON ROAD RUNNERS	Female	F45	0:43:17
119	342	ALAN DICK		Male	M40	0:43:23
120	507	BRIAN GRANT	HELENSBURGH AAC	Male	Senior	0:43:29
121	309	MARK FOTHERINGHAM	STRATHCLYDE POLICE TRI	Male	M40	0:43:33
122	356	EAMONN FAHY		Male	Senior	0:43:35
123	60	ROSS CRAWFORD		Male	Senior	0:43:44
124	62	CLAIRE WHARTON	BELLAHOUSTON ROAD RUNNERS	Female	F35	0:43:53
125	508	CLARE MACAULAY	BELLAHOUSTON HARRIERS	Female	Senior	0:43:54
126	211	SARAH GILLIES	BELLAHOUSTON ROAD RUNNERS	Male	Senior	0:44:00
127	308	ROSS CLOUGHERTY	STRATHCLYDE POLICE TRI	Male	Senior	0:44:00
128	217	DAVID STEELE		Male	Senior	0:44:01
129	161	KIERAN MCLAUGHLIN	GARSCUBE HARRIERS	Male	Senior	0:44:03
130	423	LARRY CALLARY		Male	M40	0:44:04
131	143	PETER BURTON	BELLAHOUSTON ROAD RUNNERS	Male	Senior	0:44:10
132	270	SHONA AIKEN	CENTRAL AC	Female	F35	0:44:11
133	459	KATHRYN MUNRO		Female	F35	0:44:13
134	129	ALAN DEMPSTER		Male	Senior	0:44:23
135	343	DAVID CARRUTHERS	GLEN PARK HARRIERS	Male	Senior	0:44:27
136	155	TONY CAIRNS	BELLAHOUSTON ROAD RUNNERS	Male	M50	0:44:28
137	401	JOHN HECTOR WALKER		Male	Senior	0:44:30
138	389	GRAHAM GILLIES		Male	Senior	0:44:35
139	246	ANDREA BACHAND	GLASGOW TRIATHLON CLUB	Female	Senior	0:44:37
140	415	JJ MCMENAMIN		Male	Senior	0:44:39
141	359	IAIN CRAWFORD		Male	M40	0:44:41
142	151	DAVID WARDROPE	CALDERGLEN HARRIERS	Male	M40	0:44:44
143	136	JIM MACGREGOR	MORAY RR	Male	M50	0:44:48
144	272	KEVIN DEVLIN		Male	Senior	0:44:49
145	466	DEREK SOMMERVILLE	GLASGOW TRIATHLON CLUB	Male	M50	0:44:50
146	122	LINDA KENNEDY	BELLAHOUSTON ROAD RUNNERS	Female	F35	0:44:59
147	232	NICOLA HENDRY	GARSCUBE HARRIERS	Male	Senior	0:45:03
148	404	PAULINE HANNAN	DUNBARTON	Female	F45	0:45:06
149	333	ANTHONY MCGALE	SPRINGBURN HARRIERS	Male	M40	0:45:10
150	199	NEIL-JOHN MACPHAIL	CAMPBELTOWN RUNNING CLUB	Male	M40	0:45:17
151	348	CHRIS KINNAIRD		Male	Senior	0:45:21
152	142	CATHERINE MCKELVIE	BELLAHOUSTON ROAD RUNNERS	Female	Senior	0:45:23
153	463	GERRY HANLON	BELLAHOUSTON ROAD RUNNERS	Male	M40	0:45:23
154	230	MATTHEW HUNTER		Male	Senior	0:45:29
155	267	COLM TRACEY	GLASGOW TRIATHLON CLUB	Male	Senior	0:45:32
156	257	ANGELA RODGERS	STIRLING TRIATHLON CLUB	Male	Senior	0:45:37
157	183	NORMAN GROVES		Male	M50	0:45:38
158	276	ALAN STORER	REAL SOCIALDADS	Male	M40	0:45:38
159	258	MARIE WEIR		Female	F35	0:45:39
160	189	WILLIAM DUNCAN		Male	M40	0:45:42
161	220	STUART WILSON		Male	M40	0:45:44
162	165	YVONNE GREEN	CLYDESDALE HARRIERS	Female	F45	0:45:47
163	304	JOHN MOLLOY	GARSCUBE HARRIERS	Male	M40	0:45:52
164	288	MICHAEL MCMANUS		Male	Senior	0:45:53
165	141	THOMAS KEENAN	BELLAHOUSTON HARRIERS	Male	M50	0:45:54
166	455	WATSON JONES	CLYDESDALE HARRIERS	Male	M60	0:45:58
167	445	MATTHEW WATKISS		Male	Senior	0:46:07
168	306	JOHN MACFARLANE		Male	M40	0:46:11
169	42	DAVID MURPHY	SHETTLESTON HARRIERS	Male	M40	0:46:13
170	440	MARK MCFARLANE		Male	M40	0:46:17
171	380	ROBIN MCAUSLAN	GLEN PARK HARRIERS	Male	M40	0:46:19
172	341	HEIN NEL		Male	Senior	0:46:21
173	249	DAVID ORR		Male	Senior	0:46:23
174	303	CLAIRE BRISBANE	CENTRAL AC	Female	Senior	0:46:24
175	494	MICHAEL GILROY		Male	Senior	0:46:25
176	97	NORMAN BOYLE	BELLAHOUSTON ROAD RUNNERS	Male	M50	0:46:26

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177	379	DEREK CLIFFORD		Male	Senior	0:46:37
178	37	LOUISE GRAY	BELLAHOUSTON ROAD RUNNERS	Female	F35	0:46:46
179	212	FIONA GRAHAM	CAMPBELTOWN RUNNING CLUB	Female	Senior	0:46:53
180	393	DAVID SHEARER		Male	Senior	0:46:57
181	250	LISA HARDIE	CAMPBELTOWN RUNNING CLUB	Female	Senior	0:47:04
182	36	ROSS BICKERSTAFF	HAMILTON HARRIERS	Male	M50	0:47:05
183	505	UMAR ALI		Male	Senior	0:47:07
184	23	PAUL HUGHES	JOGGING BUDDIES	Male	M40	0:47:08
185	457	ANJI CARSON	KILBARCHAN AAC	Female	F35	0:47:08
186	421	ALASDAIR JAMIESON		Male	Senior	0:47:15
187	77	MARY SENIOR	BELLAHOUSTON ROAD RUNNERS	Female	F35	0:47:16
188	178	JACQUELINE DUTTON		Female	Senior	0:47:17
189	224	JAMIE CHALMERS		Male	Senior	0:47:24
190	300	GRAHAM MCELWEE	JOG SCOTLAND	Male	Senior	0:47:25
191	344	VICTORIA CAGINALP		Female	Senior	0:47:30
192	293	DAVE WYPER		Male	M60	0:47:31
193	484	MARTIN DOYLE		Male	Senior	0:47:32
194	43	JOHN SOFTLEY	BELLAHOUSTON HARRIERS	Male	M60	0:47:33
195	511	ROSIE HEPTONSTALL	GREENS HEALTH AND FITNESS	Female	Senior	0:47:38
196	1	RICHARD LEYTON	BELLAHOUSTON ROAD RUNNERS	Male	Senior	0:47:44
197	495	MARK HOWITT		Male	M40	0:47:44
198	30	JANE GALT	BELLAHOUSTON ROAD RUNNERS	Female	F45	0:47:45
199	35	GARY BOAG	BELLAHOUSTON ROAD RUNNERS	Male	M40	0:47:48
200	396	JENNIFER MACFARLANE		Female	F35	0:47:49
201	287	CAIRNS DUNCAN		Male	M50	0:47:50
202	38	WALLACE GRAY		Male	M50	0:47:57
203	474	CAROLINE JONES	MARYHILL HARRIERS	Female	Senior	0:47:57
204	424	STEVEN BOOTH		Male	Senior	0:48:00
205	395	JACKIE CAMPBELL	KILBARCHAN	Female	F45	0:48:01
206	162	AILEEN SLOAN		Female	Senior	0:48:02
207	311	SCOTT WALKER	JOG SCOTLAND CUMBERNAULD	Male	M40	0:48:02
208	5	JAMES ANTHONY STEVENS	STRATHCLYDE FIRE & RESCUE	Male	M50	0:48:04
209	501	JUDITH MACGREGOR	BELLAHOUSTON ROAD RUNNERS	Female	Senior	0:48:04
210	160	SEAN CULPAN		Male	M40	0:48:06
211	238	CARRUTH BOB		Male	M40	0:48:07
212	436	ANGELA CAMPBELL	BELLAHOUSTON HARRIERS	Female	Senior	0:48:08
213	347	CHRISTOPHER HEVER	MARYHILL HARRIERS	Male	M40	0:48:09
214	25	GORDON SIMPSON		Male	Senior	0:48:10
215	513	STEPHEN BELL	BELLAHOUSTON ROAD RUNNERS	Male	M50	0:48:12
216	204	EMMA CONLEY	CAMPBELTOWN RUNNING CLUB	Female	Senior	0:48:14
217	486	CLAIRE LARRAVIDE		Female	Senior	0:48:14
218	490	GARETH OWEN		Male	Senior	0:48:16
219	464	HEATHER KANGLEY	GLEN PARK HARRIERS	Female	F35	0:48:21
220	411	STUART AINSLIE		Male	Senior	0:48:24
221	137	TARIQ ABDULLAH	GARSCUBE HARRIERS	Male	Senior	0:48:28
222	479	MARK DUFFY	FUSION TRIATHLON CLUB	Male	Senior	0:48:34
223	349	MARIANNE WILSON		Female	Senior	0:48:41
224	2	STEVEN HILL		Male	Senior	0:48:49
225	55	DAVID HALDANE		Male	M40	0:48:50
226	289	GEORGE RANKIN		Male	M50	0:48:50
227	264	DOM DOYLE		Male	M40	0:48:51
228	76	ROBERT CARSON		Male	M60	0:48:52
229	213	STUART GRAHAM		Male	Senior	0:48:57
230	386	CRAIG SYMON		Male	M40	0:49:00
231	337	ANDREW BURNS		Male	M40	0:49:07
232	65	CHERYL MCNULTY	HAMILTON HARRIERS	Female	Senior	0:49:11
233	360	KATY SMITH	BELLAHOUSTON HARRIERS	Female	F35	0:49:14
234	422	LYNSEY MUNRO	BELLAHOUSTON ROAD RUNNERS	Female	Senior	0:49:14
235	282	DAVID MITCHELL		Male	Senior	0:49:15

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236	430	SUZANNE BOYLE	BELLAHOUSTON HARRIERS	Female	Senior	0:49:19
237	454	FIONA CUSHNAGHAN	GREENOCK GLENPARK HARRIERS	Female	F45	0:49:22
238	84	KENNY YANCOUSKIE		Male	Senior	0:49:24
239	291	RICHARD THOMSON		Male	Senior	0:49:27
240	222	ELAINE MCGEACHY	CAMPBELTOWN RUNNING CLUB	Female	Senior	0:49:28
241	99	COLIN JARVIE	CALDERGLEN HARRIERS	Male	M40	0:49:29
242	514	PAUL MCNAIR		Male	Senior	0:49:30
243	241	PAUL ROONEY		Male	Senior	0:49:34
244	294	JOE BOYCE		Male	M40	0:49:48
245	102	MATTY SUTTON	BELLAHOUSTON ROAD RUNNERS	Female	Senior	0:49:49
246	177	JILLIE JOHNSTON		Female	Senior	0:49:57
247	215	LAURA MCKINNON		Female	F35	0:49:59
248	243	STEVEN KAY		Male	M50	0:50:01
249	298	STUART DONNELLY		Male	M40	0:50:02
250	409	TERRY BRENNAN	BELLAHOUSTON ROAD RUNNERS	Male	M50	0:50:03
251	52	DAVID MCISAAC		Male	M50	0:50:05
252	327	KEVIN JACKSON		Male	Senior	0:50:06
253	181	ANDY MADILL		Male	M40	0:50:08
254	435	TOM GRACE	BELLAHOUSTON HARRIERS	Male	M40	0:50:08
255	244	ELAINE O'REILLY		Female	F45	0:50:09
256	245	PETER O'REILLY		Male	M40	0:50:11
257	472	JOANNE ROBERTSON	GARSCUBE HARRIERS	Female	F35	0:50:21
258	285	CHRIS COLLINS		Male	Senior	0:50:26
259	410	KRIS KELLY	JOG SCOTLAND	Male	Senior	0:50:26
260	133	STUART IRVINE	GARSCUBE HARRIERS	Male	M60	0:50:27
261	319	GEORGE MCHARDY	CENTRAL AC	Male	M60	0:50:29
262	346	CAROLINE HASSAN	MARYHILL HARRIERS	Female	F45	0:50:37
263	58	ISOBEL MARTIN	GARSCUBE HARRIERS	Female	F35	0:50:39
264	433	KIRSTY PORTER		Female	F35	0:50:41
265	444	HELEN ROXBURGH	DUMBARTON AAC	Female	Senior	0:50:45
266	196	LORNA MACMILLAN		Female	F45	0:50:51
267	394	CHRISTOPHER STEWARD	BELLAHOUSTON HARRIERS	Male	M60	0:50:56
268	228	NEIL ASH		Male	M50	0:50:57
269	255	GEORGE JOHNSTON		Male	Senior	0:51:00
270	431	JESSICA GORMAN	BELLAHOUSTON HARRIERS	Female	Senior	0:51:03
271	504	CHRIS RYAN		Male	Senior	0:51:05
272	126	RAGHBIR SINGH	GARSCUBE HARRIERS	Male	M60	0:51:08
273	187	GORDON YOUNG		Male	M50	0:51:12
274	277	JANE MACLEAN	GREENOCK GLENPARK HARRIERS	Female	Senior	0:51:21
275	358	MICHELLE THOMPSON	BELLAHOUSTON ROAD RUNNERS	Female	Senior	0:51:24
276	426	SCOTT TELFER	BELLAHOUSTON ROAD RUNNERS	Male	M40	0:51:25
277	427	DAVID MCINTYRE		Male	Senior	0:51:34
278	188	SIMON MONE		Male	M40	0:51:36
279	381	ELIZABETH MCAUSLAN	GLEN PARK HARRIERS	Female	F45	0:51:37
280	405	VIKI WILKINSON	GREENOCK GLENPARK HARRIERS	Female	F35	0:51:38
281	437	MELANIE RONALD	BELLAHOUSTON HARRIERS	Female	F35	0:51:38
282	325	IAN MACKIE		Male	M40	0:51:42
283	163	SHARON TAYLOR	CARTHA HARRIERS	Female	F45	0:52:01
284	398	MARGARET DEAS	SCOTTISH VETERAN HARRIERS	Female	F55	0:52:07
285	207	SANDRA SEMPLE	GLASGOW RUNNING NETWORK	Female	F35	0:52:14
286	197	GORDON MACMILLAN		Male	M50	0:52:18
287	83	PETER CUNNING		Male	M40	0:52:25
288	240	DAVID MITCHELL	CLYDESDALE HARRIERS	Male	M60	0:52:28
289	318	JOHN ALLAN		Male	M50	0:52:34
290	441	KATHLEEN MACLEOD	BELLAHOUSTON HARRIERS	Female	F45	0:52:41
291	100	ALLAN MOORE	PAISLEY JOGGING BUDDIES	Male	Senior	0:52:45
292	357	JESSICA SADLER		Female	Senior	0:53:07
293	274	NEIL BOWEN		Male	M40	0:53:09
294	407	SHEINA GILMOUR	GARSCUBE HARRIERS	Female	F45	0:53:21

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295	269	ALEXANDER MCCULLOCH		Male	Senior	0:53:24
296	104	DAVID SPENCE	EDEN RUNNERS	Male	M50	0:53:27
297	124	NICHOLA MILLIGAN	BELLAHOUSTON ROAD RUNNERS	Female	Senior	0:53:31
298	382	DEREK MCCALLUM		Male	Senior	0:53:39
299	254	STEPHEN RANKIN		Male	M40	0:53:42
300	191	JAMIE GIRVAN	CAMPBELTOWN RUNNING CLUB	Male	Senior	0:53:50
301	502	MAY MCADAM	JOGSCOTLAND VALE OF LEVEN	Female	F45	0:53:50
302	205	ALEX LOWES	PAISLEY JOGGING BUDDIES	Male	Senior	0:53:54
303	496	STEPHEN MACDONALD		Male	M40	0:53:54
304	44	MORAG CASEY	GARSCUBE HARRIERS	Female	F35	0:53:56
305	11	CAROLE SPY	GLASGOW RUNNING NETWORK	Female	F45	0:53:58
306	253	DAVID MACKAY		Male	Senior	0:54:10
307	368	MICHELLE DORIAN		Female	F35	0:54:13
308	480	ANNE-MARIE DULLAGHAN	FUSION TRIATHLON CLUB	Female	F35	0:54:20
309	46	DAVID KELLY	HAMILTON HARRIERS	Male	M50	0:54:29
310	91	HAYLEY MCCRORIE		Female	Senior	0:54:30
311	262	WILLIAM WEIR		Male	Senior	0:54:33
312	190	ROSE NELSON		Female	Senior	0:54:40
313	283	CLAIRE LINDSAY		Female	Senior	0:54:42
314	446	ILSE MEIJERINK		Female	F35	0:54:45
315	80	HELEN WHYTE	HAMILTON HARRIERS	Female	F55	0:54:52
316	413	CLAIRE VALENTINE	GREENS RUNNING CLUB	Female	F35	0:54:55
317	90	DEREK SHAND	BELLAHOUSTON HARRIERS	Male	Senior	0:54:59
318	79	TOM ROSS	KIRKINTILLOCH OLYMPIANS	Male	M60	0:55:06
319	503	NICHOLA COCHRANE		Female	Senior	0:55:09
320	362	TONY MARLOW		Male	M50	0:55:17
321	110	FINLAY KEITH		Male	M40	0:55:18
322	231	SHAUN RAMSAY	REAL SOCIALDADS	Male	M40	0:55:23
323	434	EMILY GILLEECE	BELLAHOUSTON HARRIERS	Female	Senior	0:55:24
324	414	JOANNA MCKAY		Female	F35	0:55:36
325	186	ALASTAIR WRIGHT	JOG SCOTLAND	Male	M50	0:55:45
326	301	THERESA BARBOUR		Female	F45	0:55:50
327	268	RICHARD TANNOCK		Male	Senior	0:55:58
328	475	ELIZABETH CHALMERS		Female	F55	0:56:02
329	296	NORMAN MCDADE		Male	M60	0:56:13
330	316	GILLIAN ALLAN		Female	F35	0:56:14
331	239	JOANNE MADEJA		Female	Senior	0:56:19
332	6	JOHN MILLIGAN		Male	Senior	0:56:23
333	208	KERRY O'MAY	CAMPBELTOWN RUNNING CLUB	Female	Senior	0:56:23
334	307	PAUL RITCHIE		Male	Senior	0:56:35
335	284	NATALIE REID	BELLAHOUSTON ROAD RUNNERS	Female	Senior	0:56:41
336	299	CLAIRE MCCALLUM	JOG SCOTLAND	Female	F35	0:56:52
337	169	ANDREA STEWART	AYRODYNAMIC TRIATHLON CLUB	Female	F35	0:56:54
338	218	JOANNE DICKIE		Female	Senior	0:57:06
339	353	STACEY BROWN		Female	Senior	0:57:07
340	295	CAROLINE IRVINE		Female	F35	0:57:09
341	61	LYNDSEY BLAND	AYRODYNAMIC TRIATHLON CLUB	Female	Senior	0:57:24
342	193	RUTH RAMAGE		Female	F45	0:57:26
343	354	GREG MCALISTER	BELLAHOUSTON ROAD RUNNERS	Male	Senior	0:57:28
344	260	LOUISE CULLEN		Female	F35	0:57:34
345	461	GERALDINE PITT		Female	F35	0:57:35
346	310	PAUL WALLACE		Male	M40	0:57:39
347	314	RHONA STANNAGE		Female	F45	0:57:40
348	229	GEMMA ROXBURGH		Female	Senior	0:57:48
349	320	JAMES MCKINLEY		Male	M50	0:57:56
350	57	CAROLINE DOW	GARSCUBE HARRIERS	Female	F45	0:58:05
351	200	CLARE WILLIAMS		Male	M40	0:58:05
352	375	JAMES STEWART		Male	Senior	0:58:21
353	87	BETH COCKBURN		Female	F45	0:58:22

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354	336	DAVID DICK		Male	Senior	0:58:28
355	158	MARK SNEDDON	JOGSCOTLAND AIRDRIE	Male	Senior	0:58:37
356	447	DAVID SIMMS		Male	Senior	0:58:39
357	95	MARK DONNELLY		Male	Senior	0:58:40
358	442	LINDA MACLEAN	BELLAHOUSTON HARRIERS	Female	Senior	0:58:40
359	467	DEIRDRE HOYLE	GLASGOW RUNNING NETWORK	Female	F55	0:58:55
360	31	HEATHER LAING		Female	F35	0:58:59
361	173	STEWART WATSON		Male	Senior	0:59:15
362	225	ANNE WINTON		Female	F45	0:59:19
363	417	JOHANN MCGRATTAN		Female	Senior	0:59:46
364	488	ROSS CONWAY		Male	Senior	1:00:04
365	107	CHRISTOPHER QUINN		Male	M40	1:00:08
366	209	KAREN HYSLOP		Female	F45	1:00:11
367	26	KIRSTY LYON		Female	Senior	1:00:16
368	406	ANGELA MCGREGOR	JOGGING BUDDIES	Female	F45	1:00:24
369	185	MARGARET WRIGHT	JOG SCOTLAND	Female	F45	1:00:26
370	175	IAIN STEPHENSON		Male	Senior	1:00:53
371	206	ZOE LOWES	PAISLEY JOGGING BUDDIES	Female	F35	1:00:53
372	388	TONY BELL		Male	Senior	1:01:18
373	510	JOHN GALLACHER		Male	Senior	1:01:18
374	280	PAMELA MAY	GLASGOW RUNNING NETWORK	Female	Senior	1:01:45
375	216	ALIX GEYER	CAMPBELTOWN RUNNING CLUB	Female	Senior	1:01:59
376	506	MARGARET MACLEOD		Female	F55	1:02:40
377	93	ANGELA CASSIDY		Female	F45	1:03:15
378	174	LIZ CASSIDY		Female	F45	1:03:58
379	20	ELIZABETH NAISMITH		Female	F45	1:04:38
380	168	RIZWAN SALEEM		Male	Senior	1:04:38
381	14	MARTIN OESTMANN		Male	Senior	1:05:24
382	376	VERONICA O'NEILL	HAMILTON HARRIERS	Female	Senior	1:05:45
383	227	TRACEY MCKINNON		Female	Senior	1:05:58
384	98	JOAN MORRIS	GARSCUBE HARRIERS	Female	F35	1:07:11
385	54	MOIRA DONOHUE		Female	F45	1:07:20
386	53	MAURICE DONOHUE		Male	M40	1:08:10
387	180	ANGELA CLARK		Female	F35	1:08:19
388	179	JULIE DOCHERTY	BELLAHOUSTON HARRIERS	Female	Senior	1:08:20
389	374	AMANDA DALY		Female	Senior	1:09:32
390	420	LESLEY CORR		Female	Senior	1:09:32
391	145	SHARON SCOTT		Female	F35	1:12:07
392	460	ROBIN MILLER		Male	Senior	1:12:08
393	234	CAROLE RAY		Female	Senior	1:13:49
394	366	ELENA SHREDER	MARATHON UFA RUSSIA	Female	F55	1:14:29
395	491	WALTER EWING	SHETTLESTON HARRIERS	Male	M60	1:16:15
396	176	LYNN TAYLOR		Female	Senior	1:24:04
397	167	CHRISTINA LARSEN		Female	Senior	1:24:20
398	321	TOMMY ARMSTRONG		Male	M60	1:24:20