



Bellahouston Road Runners

Trustees' Annual Report and Financial Statements

For the period: 1 August 2022 to 31 July 2023

Reference and Administrative Information

Charity Name

Bellahouston Road Runners

Charity Number

SC047300

Address

% 9 Lanfine Drive, Kirkintilloch, G66 1AU

Trustees

The Trustees from 31st July 2023:

- Emer Campbell (Chair)
- Catherine Laurence (Secretary)
- Jane McNeilly (Welfare Secretary)
- Stuart Laurence (Membership Secretary)
- Kenneth Crawford (Treasurer)
- Kevin Queenan
- Richard Leyton
- Alan Moss
- Leanne McIntosh

Members approved the Trustees at the AGM held on 5th June 2023.

Introduction from the Chair

I'm delighted to share this year's annual club report, covering the period from August 2022 to July 2023.

Taking over the role of President from Richard Leyton, I was stepping into some very, very big shoes. During his six year tenure, Richard had transformed the club, establishing it as a charity, building it to become one of the largest running clubs in the west of Scotland and steered the club successfully through the pandemic. I was lucky enough to take over as "normal service resumed".

The biggest highlight of the year was the return of the Jimmy Irvine 10K – our annual race had not been held since 2019 and on a stunning, sunny Sunday afternoon in November; 583 runners raced around Bellahouston Park for the first time in three years. Watching the runners pull on their purple commemorative shirts after so long a break was a site to behold.

The inaugural West District Cross Country League began this winter. Nine running clubs in the west of Scotland came together to create a team event for runners from all age groups to participate in (but minimising the organisation for each hosting club). Richard Leyton was a key member of the initial working group and Bellahouston Road Runners was delighted to host the final event in February 2023. The league has been a fantastic success, inspiring runners, of all ages to enjoy competing in cross country.

There were some outstanding individual performances by club members, records were broken and national medals were won.

The club continues to thrive and flourish, membership is growing, at the end of 2022/23 season we had over 230 members. The Clydesdale Cricket Club remains the club base and we can be found sprinting around the streets and parks of the southside on any given Monday or Wednesday evening.

The club is going from strength to strength thanks to the talent and passion of our members and the enthusiasm and skills of our coaches, volunteers and trustees.

A massive thank you to everyone at the club for an outstanding year.

Emer Campbell
Trustee and Chair of the Board.

Structure, Governance and Management

Constitution

The Charity is a Scottish Charitable Incorporated Organisation (a SCIO). It registered in its current legal form on 3 April 2017. The charity was previously an unincorporated association, started in the year 2000.

The club constitution, documents, publications, and previous annual reports are available on our website at: bellahoustonroadrunners.co.uk/the-club/charitable-status/

Appointment of Trustees

The club Trustees are drawn from its membership and form the Board. The Trustees are elected at the Annual General Meeting. Whilst they may be appointed outwith the AGM, they must then be approved at the next AGM.

Objectives

Charitable purposes

Our charitable purposes are *the advancement of public participation in sport, and the provision of recreational facilities, or the organisation of recreational activities with the object of improving the conditions of life for the persons for whom the facilities or activities are primarily intended.*

We interpret this as working to make our part of Glasgow, our members, and the community we are a part of a healthier and more supportive place and for people to become fit and active through running.

Activities

The charity promotes and advances Athletics as a competitive sport; we provide recreational facilities to all with the aim of improving quality of life.

We organise regular, weekly training sessions following a bespoke coaching plan.

We encourage and support members to participate in local, national, and international events and we organise mass participation events, open to the public.

Club Organisation

Coaching

Robert Hawkins continues to lead our coaching team. Robert is the National Endurance Manager (Olympic Pathway) for Scottish Athletics, since 2019 and has previously been the lead for the British Olympic Marathon Squad.

Robert sets our core training blocks, providing expert support, guidance and mentoring to our coaches and supports individual members through the Training Peaks app. Gerry Scullion is our head coach and at every training session, qualified coaches and group leaders provide encouragement and support.

Alan Moss
Andrew Allan
Claire Wharton
Cormack Smith
David Lockhart

Gerry Scullion
Jane McNeilly
Jonathan Slow
Katie Mathieson

Kenny Crawford
Kevin Queenan
Louise Ross
Tom Ferris

Group Training

We continue to meet at our base on the southside of Glasgow, the Clydesdale Cricket Club. Members meet there every Monday and Wednesday evenings; each training session lasts approximately 90 minutes. We split into three groups; Purple, White and Black each led by a coach.

Monday evenings are the dedicated track sessions, using the superb facilities at Hutchesons' Grammar School, just across the road from the Clydesdale Cricket Club. 60 – 70 members will complete a session focused on speed and technique. These track sessions are very popular with our members; everyone enjoying the freedom to sprint around the track.

Wednesday evenings are devoted to stamina and endurance, taking place in Bellahouston Park and Pollok Park in the spring and summer and in the autumn and winter on the roads around Maxwell Park and Pollokshields.

Jonathan Slow organises cross country training sessions in the late summer, continuing through the autumn and winter, getting members ready for the Scottish cross country season.

Club Races

The club continues to organise races for members:

- Festive Fun Run, Clydesdale Cricket Club – December 2022
- Indoor 1 mile race at the Emirates Arena – January 2023
- Outdoor 3K track race at Hutcheson's Grammar School – April 2023
- President's Cup, Rouken Glen Park – June 2023

Jimmy Irvine Bella 10k Race

After a hiatus for three years, the Jimmy Irvine Bella 10k Race returned in 2022. On the 13th of November, nearly 600 runners (including 75 club members) took part on a glorious sunny day. 45 members volunteered to ensure the race will remain a much-loved fixture in the west of Scotland running calendar.

Ryan Thomas (Cambuslang Harriers) won the men's race in a time of 30:50; Rosa Donaldson (Glasgow University Hare and Hounds) won the women's race in a time of 36:55.

Rebekah Russell, Deborah Gray and Rhona Fraser won the women's team prize for the club.

£485 was collected for the Prince and Princess of Wales Hospice



Participant's Feedback:

"Cracking event and all marshals and club members friendly and welcoming to non-Bellas. You even arrange the weather, felt like a summer 10K, see you in 2023".

"The running community are so lucky to have this event which really felt like it had the runners' best interests at the heart of it".

"Was really well organised from start to finish and marshals very encouraging and route was really good and challenging. The big feast after was fab. You guys were amazing, thoroughly enjoyed the whole event and weather was great."

West District Cross Country League

The inaugural event of the newly created West District Cross Country League was held on 19th of November, 2022 at Strathaven, hosted by East Kilbride. Former President, Richard Leyton had been instrumental in the establishment of the League, working with other running clubs from the west of Scotland to create a series of cross country events open to runners of all ages and abilities.

The club hosted the final event of the season, on 11th February 2023 in Bellahouston Park. 409 runners took part in 7 races. 33 members volunteered to ensure the day ran smoothly, led by Colin Hughes, Gordon Goldie and Richard Leyton.



Feedback from other clubs

"A huge thanks to all the organisers and Marshall's for putting on a great xc league event at Bellahouston. All of our athletes at junior and senior level said the course was good and well set up and the support from Marshall's was 1st class.

Thanks from all at Cambuslang Harriers".

"Well done to Richard and the host clubs for the first year of the West District Cross Country League, for clubs it's probably been a learning process but it looks like a successful start."

"Great effort, well done Richard and all at BRR."

"Excellent organisation, well done all involved."

Team and Individual Performance Highlights

Club Records Broken:

Tony Connolly continued his solo mission to rewrite the club record books. During an astonishing two months in spring 2023 he broke the club 5K, 10 mile and marathon records.

- 5km: 00:15:20 Allan Scally Memorial Relay March 2023
- 10miles: 00:51:50 Tom Scott Memorial Road Race, April 2023
- Marathon: 02:26:28 London Marathon, April 2023



National Medals Won:

London Marathon / Scottish National Marathon Championships



Jane McNeilly Bronze Medal W40



Shirley Wieland Bronze Medal W60

Great Scottish Run / Scottish National Half Marathon Championships



Susan Haddow
Silver Medal W70



Rebekah Russell, Rhona Moran, Deborah Gray
Bronze Medal, Ladies Team

Glasgow Men's 10K



Tony Connolly, Steven Lamb and Grant Murphy conquered the podium at the Glasgow Men's 10K, winning the gold, silver and bronze medals in June 2023.

Representing Scotland



Catriona MacDonald was selected to represent Scotland at the Snowdon International Hill Running Competition in July 2023

In January 2023, she represented the West Team and the Interdistrict Championships

Club Championship 2021-22 and Annual Awards Night

The 2021-22 Club Championship ended in early October 2022 and we held our Annual Awards Night on Saturday 22nd October at Sloans, Glasgow.

Member of the Year

Alan Moss was voted Member of the Year by the club. This honour was in recognition of Alan's commitment to the club; Alan is one of our coaches and current Men's Captain.

Alan takes on the almighty task of organising club teams for relay events and cross country, he never fails to encourage and motivate members to take part.



Most Improved



Angus Gray, Most Improved Male



Christie Ford, Most Improved Female

Honorary Life Member

Former President, Richard Leyton was awarded honorary life membership in recognition of his extraordinary commitment and achievement to the club and to the local running community.

Awards 2021-22

Gents Club Champion: Tony Connolly

Ladies Club Champion: Rebekah Russell

Gents Senior Championship

Winner: Tony Connolly

Runner Up: Bryan Mulgrew

3rd Place: Alan Moss

Ladies Senior Championship

Winner: Rebekah Russell

Runner Up: Sarah Oliver

3rd Place: Charlotte Parkinson

Gents V40 Championship

Winner: Bruce Carse

Runner Up: Craig Ross

3rd Place: Alan Digweed

Ladies V40 Championship

Winner: Louise Ross

Runner Up: Rhona Moran

3rd Place: Katie Mathieson

Gents V50 Championship

Winner: Colin Hughes

Runner Up: Gerry Scullion

3rd Place: Anthony McParland

Ladies V50 Championship

Winner: Deborah Gray

Runner Up: Claire Wharton

3rd Place: Roz Wilson

Gents V60 Championship

Winner: Al Maclachlan

Runner Up: Frans Roelofse

3rd Place: Andrew Haddow

Ladies V60 Championship

Winner: Hazel Pert

Gents V70 Championship

Winner: Stephen Bell

Gents XC/Off Road Championship

Winner: Tony Connelly

Runner up: Alan Moss

3rd Place: Grant Murphy

Ladies XC/Off Road Championship

Winner: Catriona Macdonald

Runner up: Pauline Wright

3rd Place: Rebekah Russell

Gents Winter Handicap

Winner: Alan Moss

Runner Up: Jonny Moran

3rd Place: Bryan Mulgrew

Ladies Winter Handicap

Winner: Camilla Cunningham

Runner Up: Catherine Laurence

3rd Place: Catriona Macdonald

Gents Most Club Champs Races Completed

Winner: James McGreevy

Ladies Most Club Champs Races Completed

Winner: Anne Campbell

Social events

Club Darts Night

Lynne Goldie is the reigning Bella Darts Champion; a legend of the sport made a surprise visit on the night to present the award.



Christmas Fun Run

The Club's Christmas fun run took place on the last Saturday before Christmas, unfortunately the cold weather meant Pollok parkrun had to be cancelled but we still managed to hold an event at the Clydesdale Cricket Club and Santa Claus still managed to visit our post-race party. We raised £180 for the Teenage Cancer Trust.



Christmas Party

The annual Club Christmas Party took place on the same evening and the most hotly contested competition – The Best Christmas Jumper was awarded.

Club Quiz Night

The Club held its annual quiz night after the national cross country championships in February at the Glasgow Ski Centre.

Race Marshalling

The club organised marshals for the Great Scottish Run Weekend September 2022, the Glasgow Women's 10K and the Glasgow Men's 10K in June 2023. Friends and family also helped us out to ensure both events ran smoothly



Policies and decisions

The club held its Annual General Meeting on Monday 5th June 2023 at the Fotheringay Centre, Pollokshields; members were also able to attend virtually via Zoom.

The Treasurer's report and President's report were presented and passed unanimously by members.

The board proposed the club fees increased from £65 to £72 for regular members, with equivalent increases for the other categories. The last fee increase had been in 2018 and the change was recommended due to the increase in club costs, for example, track hire and race fees.

2023 Club Fees

	Membership Fee	Training Fee	Total Annual Fee
Regular	£27.50	£44.50	£72.00
Occasional	£27.50	£22.50	£50.00
Concesssionary	£27.50	£10.00	£37.50
Basic	£27.50	-	£27.50

Members agreed and the motion was passed unopposed.

The board also proposed Honorary Life Membership can be awarded when a majority of the trustees agree. This would enable the award to be made, without the recipient being aware of the discussion and means it can be given at any time during the years, not just at the AGM. The members agreed and the motion was passed unopposed.

Financial Review

Please see Appendix 2 for the:

- Receipts and payments accounts
- Statement of balances
- Notes to the accounts

Review of the reporting period

Club income continued to grow in 2022-23; the return of the Jimmy Irvine boosted the club funds.

We developed an option for members to make a voluntary donation for some of the social events, which generated further income but continued to ensure that all members were able to attend.

Our principal expenditure remains the hire of facilities at Clydesdale Cricket Club and the running track at Hutcheson's Grammar School. Our strong financial position means the club can continue to fund race fees for relay teams and the cross country season.

Overall, we ended the year with a £2,647 surplus, with the club on a good financial footing allowing us to continue keeping training fees low and focus on our members.

Plans for the future period

We hope to continue to see a growth in our membership numbers and we will continue to strive to provide an all-encompassing experience in both road and off-road running.

Reserves

The final balance for the reporting year is £23,278 (£20,125 in 2020/21 and £20,630 in 2021/22)

The Trustees manage a savings account with their bank (Bank of Scotland), which was setup to hold at least £8,000 of this to provide for financial contingencies. This was principally to cover worst-case scenarios for an outright short-notice cancellation of our annual November 10k race, which is by far the single largest financial risk the club takes on.

Basis of accounting

The accounts have been prepared on the Receipts and Payments basis in accordance with the Charities & Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended)

Related party transactions

No transactions, outwith approved expenses (with receipt evidence) were paid to the trustees, or any connected persons during the year.

Independent Examiner

Julia McDonald was the independent examiner of the accounts, and to the Trustees. Julia is a [CIPFA qualified accountant](#). Her examiner's report is attached as Appendix 1.

Approval

This report was approved by the following members of the Board of Trustees on Monday 8th April 2024

Trustee 1: Emer Campbell

[SIGNATURE REDACTED FROM PUBLIC VERSION]

Trustee 2: Kenneth Crawford

Appendix 1



Independent examiner's report on the accounts						
Report to the trustees/members of	BELLHOUSTON ROAD RUNNERS					
Registered charity number	047300					
On the accounts of the charity for the period	Period start date			Period end date		
	Day	Month	Year	Day	Month	Year
	01	AUGUST	2022	31	JULY	2023
Set out on pages	15 + 16 of T.C. & T.C.E. ANNUAL REPORT					

Respective responsibilities of trustees and examiner
The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

Basis of independent examiner's statement
My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement
In the course of my examination, no matter has come to my attention [other than that disclosed on the attached page*]

- which gives me reasonable cause to believe that in any material respect the requirements
 - to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
 - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations
 have not been met, or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed: [Redacted] Date: 7/14/2024
 Name: JULIA MUDONARD
 Relevant professional qualification(s) or body (if any): CIPFA
 Address: [Redacted]

*Please delete the words in the brackets if they do not apply. If the words do apply, set out those matters which have come to your attention on the following page.
 APPENDIX 3

Only complete if the examiner needs to highlight material problems.

Give here brief details of any items that the examiner wishes to disclose

N/A

Independent examiner's report on the accounts v2

Report to the trustees/members of

Registered charity number

On the accounts of the charity for the period

Set out on pages

Charity name Bellahouston Road Runners						
Registered charity number SC047300						
Period start date			to	Period end date		
Day	Month	Year		Day	Month	Year
01	August	2022		31	July	2023
Set out on pages 15 and 16 of the Trustees' Annual Report, and Appendix 2						

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the accounts.

Independent examiner's statement

In the course of my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
 - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations
 have not been met, or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

[SIGNATURE REDACTED FROM PUBLIC VERSION]

Date:

Name:

Julia McDonald

Relevant professional qualification(s) or body (if any):

CIPFA - full member

Address:

Appendix 2

Bellahouston Road Runners SC047300

Receipts and payments accounts

For the period from: 1st August 2022 to 31st July 2023

Section A Statement of receipts and payments

	Unrestricted funds	Restricted funds	Expendable endowment funds	Permanent endowment funds	Total funds current period	Total funds last period
	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £
A1 Receipts						
Donations	21,644				21,644	21,423
Legacies	-				-	-
Grants	-				-	-
Receipts from fundraising activities	-				-	-
Gross trading receipts	15,126				15,126	-
Income from investments other than land and buildings	41				41	1
Rents from land & buildings					-	-
Gross receipts from other charitable activities					-	-
					-	-
A1 Sub total	36,811	-	-	-	36,811	21,424
A2 Receipts from asset & investment sales						
Proceeds from sale of fixed assets	-				-	-
Proceeds from sale of investments	-				-	-
A2 Sub total	-	-	-	-	-	-
Total receipts	36,811	-	-	-	36,811	21,424

A3 Payments

Expenses for fundraising activities					-	-
Gross trading payments	10,867				10,867	-
Investment management costs					-	-
Payments relating directly to charitable activities	22,447				22,447	20,372
Grants and donations	850				850	547
Governance costs:					-	-
Audit / independent examination					-	-
Preparation of annual accounts					-	-
Legal costs					-	-
Other					-	-
					-	-
A3 Sub total	34,164	-	-	-	34,164	20,919

A4 Payments relating to asset and investment movements

Purchases of fixed assets					-	-
Purchase of investments					-	-
A4 Sub total	-	-	-	-	-	-

Total payments	34,164	-	-	-	34,164	20,919
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Net receipts (payments)	2,647	-	-	-	2,647	505
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A5 Transfers to / (from) funds

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Surplus / (deficit) for year	2,647	-	-	-	2,647	505
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