



Bellahouston Road Runners

Trustees' Annual Report and Financial Statements

For the period: 1 August 2024 to 31 July 2025

Reference and Administrative Information

Charity Name

Bellahouston Road Runners

Charity Number

SC047300

Address

% 9 Lanfine Drive, Kirkintilloch, G66 1AU

Trustees

The Trustees from 31st July 2025:

- Emer Campbell (Chair)
- Catherine Laurence (Secretary)
- Jane McNeilly (Welfare Secretary)
- Kenneth Crawford (Treasurer)
- Kevin Queenan
- Alan Moss
- Leanne McIntosh
- Tom Ferris
- Rhoda Yarmahmoudi



Members approved the Trustees at the AGM held on Monday 2nd June 2025.

Introduction from the Chair

It is a great pleasure to deliver this year's annual club report, covering the club's exploits from August 2024 to July 2025

This was our 25th Birthday year and we celebrated in style, making all of 2025 a year of celebrations. There were many highlights, but perhaps the one that sums up the great spirit of Bellahouston Road Runners was our food bank run in March.

On a cold, dark night, members filled up several cars with donations (186Kg in total) for the Glasgow Southeast Food Bank. Naturally we made it part of a training session and so ran to their centre on Dixon St to make the donation and learnt from the staff the brilliant work that they do for the local community. Then it was onto Queens Park for an interval session.

2025 was another phenomenal year; the Jimmy Irvine 10K remains one of the highlights of the running year in the west of Scotland. It is always amazing to see everyone in the club pull together to make this awesome event so special. The incredible feedback we receive shows what a fantastic job the club does.

The club now has an official world record holder – our very own Andy Tomlinson who managed to break a world record as he completed the series of world marathon majors.

The club continues to grow, with more and more members joining, we remain one of the largest adult only running clubs in Scotland.

Thank you to the coaches, the events team, everyone who volunteers, the board of trustees and all the members for making Bellahouston Road Runners such a fabulous club.

Emer Campbell
Trustee and Chair of the Board.



Structure, Governance and Management

Constitution

The Charity is a Scottish Charitable Incorporated Organisation (a SCIO). It registered in its current legal form on 3 April 2017. The charity was previously an unincorporated association, started in the year 2000.

The club constitution, documents, publications, and previous annual reports are available on our website at: bellahoustonroadrunners.co.uk/the-club/charitable-status/

Appointment of Trustees

The club Trustees are drawn from its membership and form the Board. The Trustees are elected at the Annual General Meeting. Whilst they may be appointed outwith the AGM, they must then be approved at the next AGM.

Objectives

Charitable purposes

Our charitable purposes are *the advancement of public participation in sport, and the provision of recreational facilities, or the organisation of recreational activities with the object of improving the conditions of life for the persons for whom the facilities or activities are primarily intended.*

We interpret this as working to make our part of Glasgow, our members, and the community we are a part of a healthier and more supportive place and for people to become fit and active through running.

Activities

The charity promotes and advances Athletics as a competitive sport; we provide recreational facilities to all with the aim of improving quality of life.

We organise regular, weekly training sessions following a bespoke coaching plan.

We encourage and support members to participate in local, national, and international events and we organise mass participation events, open to the public.

Club Organisation

Coaching

Our head coach, Gerry Scullion, leads our team of qualified coaches, who are present at every training session providing leadership, encouragement and support.

Robert Hawkins (National Endurance Manager, Olympic Pathway for Scottish Athletics), constructs our core training plans, providing guidance, mentoring and expert support to our coaching team. He will support individual members through the Training Peaks app.

Current Coaching Team

Alan Moss	David Lockhart	Lion Novak
Anna Whall	Gerry Scullion	Louise Ross
Andrew Allan	Jane McNeilly	Poppy Bowie
Babs Wilson	Jonathan Slow	Rhoda Yarmahmoudi
Bryan Mulgrew	Katie Mathieson	Roz Wilson
Catherine Laurence	Kenny Crawford	Steven Lamb
Charlie Whall	Kevin Queenan	Tom Ferris
Claire Wharton		

Group Training

The club meets for a formal training session on Monday and Wednesday evenings; members meet at the Clydesdale Cricket Club. Each session will last approximately 60-90 minutes.

Using the outdoor track at Hutcheson's Grammar School (just across the road from the Clydesdale Cricket Club), the focus of the Monday sessions is speed and technique. These sessions are highly popular with members, often 70-80 runners are zooming around the track.

Wednesday evenings are dedicated to speed and endurance; in the spring and summer we will complete the sessions in Pollok Park and Bellahouston Park. In the autumn and winter, when daylight is limited, we use the quieter roads around Maxwell Park and Pollokshields.

Coach Jonathan Slow organises an extra cross-country session in Pollok Park on Saturday mornings, starting in late summer to get members ready for the upcoming autumn and winter races.

25th Birthday Celebrations

Our 25th Birthday fell on 24th January and we decided one day wasn't enough time to celebrate how awesome the club is so we planned a full year of celebrations.

The party kicked off on Saturday 11th January; we took over the Emirates Indoor Arena and held our annual indoor race day. Members zoomed round the World Indoor Championship track over distances from 1 mile down to 200m.



The cake was officially cut that afternoon at a training day organised by head coach, Gerry Scullion. Our guests of honour were founding members Jimmy and Sandra Irvine, we reunited the current and ex-presidents, who talked about their time in office. Bobby Quinn and Ryan Thomson were the invited speakers, talking about their running careers.



The celebrations then continued throughout the year; we planned an event each month including quiz nights, club races and a food bank drive.

Even the Squinty Bridge got involved.



Club Races

The club continues to organise races for members:

- Christmas Fun Run, Pollok parkrun – December 2024
 - Lucy MacKay won best costume
- Indoor 1 mile race at Emirates Indoor Arena – January 2025
 - Winners: Ross Horgan and Cara Thom
- Outdoor 3K track race at Hutcheson's Grammar School – April 2025
 - Winners: Oscar Coetze and Cathy Wood
- President's Cup, Rouken Glen Park – June 2025
 - Winners: Angus Cochrane and Mandy Morgan

At the Christmas parkrun, we raised £205 for "Glasgow – The Caring City" and the club donated £205 to Sepsis Research.

At the 3K track race, club members donated £300 for Kings Park Junior parkrun and Queens Park parkrun and donated 55 pairs of old trainers.



Angus Cochrane and Mandy Morgan, winners of the 2025 President's Cup

Jimmy Irvine Bella 10k Race

We held our annual Jimmy Irvine 10K race on Sunday 10th November, nearly 600 runners (including 52 club members) took part on a beautiful autumn day in Bellahouston Park. A small army of members volunteered to ensure the race ran smoothly and to guarantee the post race buffet was outstanding as always; all helping to make the Jimmy Irvine one of the most popular 10Ks in the west of Scotland.

Ryan Thomson (Cambuslang Harriers) won the men's race in a time of 30:49 (fitting the race into a long run as part of his prep for the Valencia Marathon).; Rosa Donaldson (Bellahouston Harriers) won the women's race in a time of 36:23.

Kelly Taylor, Deborah Gray and Louise Ross won the women's team prize for the club. Oscar Coetzee, Josh Evans and Grant Murphy, were the second placed team in the men's race.

£711.14 was collected for the Prince and Princess of Wales Hospice



Participant's Feedback:

- *Always one of the best organised races on the calendar. Such a lot of hard work goes into keeping the standards up. Buffet second to none*
- *Another superbly organised race that remains the highlight of my running year with a fab post race buffet*
- *Great race again today, 4th time. Always a great club organised event. Marshals are awesome, love/hate the route. Thanks again from Strathearn Harriers, we'll be back? Ps post race buffet was ace*
- *Many thanks for this great event today, yes a tough course but very well organised, great marshals and fabulous post-race food*
- *A brilliant event! Thanks to everyone who made it happen*
- *My first "Jimmy" loved it. Thanks for the excellent organisation.*

In Memorium Russell Whittington



In September 2024, we heard the desperately sad news that our former club mate, Russell Whittington passed away after a short illness.

Russell was a fabulous marathon runner and simply loved the London Marathon, his PB was 2hrs 40mins but with minimal training he could knock out a sub 3 hour marathon with ease. In 2012, he and his father set the fastest joint marathon time for a parent and a child.

Russell had time for everyone and would happily pass on his knowledge and expertise about long distance runs and marathon training, he will be greatly missed.

After the Christmas Fun Run, the club donated £205 to Sepsis Research in memory of Russell.

The club sends its thoughts and best wishes to his wife Maureen, his son Finlay and Russell's extended family and friends. Russell's family very kindly donated one of Russell's running trophies to the club; the board of trustees have decided it will be named after Russell and be awarded, each year, to the member who runs the best marathon time for their age grade.

Member's Survey 2024

In November 2024, we sent out a survey to members to get their views on:

- Club championship races, including the cross country and off-road championships
- Membership fees
- Training sessions and the use of the Clydesdale Cricket club as a training base
- Suggestions for end of championship club mementos
- Ideas for our 25th Birthday Celebrations.



71 members responded with some fantastic ideas for club mementos and for our 25th Birthday Celebrations.

The board of trustees were delighted to learn that the vast majority of members approved the current club membership fees and the choice of the Clydesdale Cricket club as our training base. Some asked for more explanation of the purpose behind our training sessions and for a better understanding of the different club championships and we will be delivering on this in the coming year.



Team and Individual Performance Highlights

World Record Holder in the Marathon

In 2024, Andy Tomlinson completed the world series of marathon majors.

His time in London of 3hrs 58mins and 53 seconds was a new world record in his category



Men's 5K Club Record Broken

Tony Connelly broke the club 5K record at the Stride Fast 'n Flat 3 on 20th September 2024.

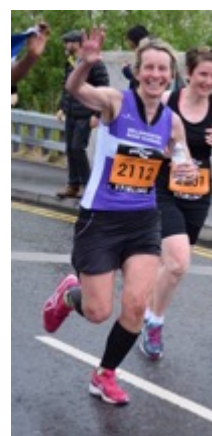
Tony now holds the men's club record for the 5K, 10 miles and Marathon.



77 Marathons and Counting

Lucy MacKay ran her 76th and 77th Marathon in the space of 8 days in Spring 2025.

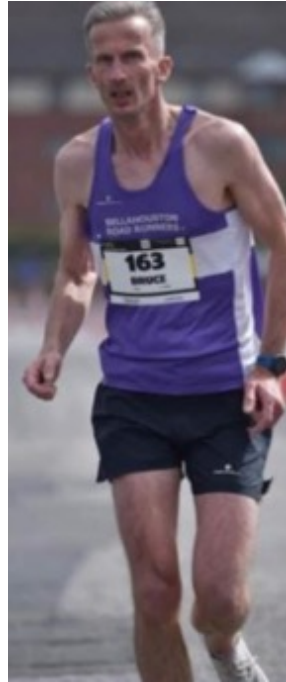
She completed the Manchester Marathon on 27th April and the Belfast Marathon on 5th May; even making the club training session on Wednesday night in between!



Scottish National Half Marathon Championships, Edinburgh



Tony Connelly
3rd M35



Bruce Carmichael
1st M45



Rhona Moran
3rd F45

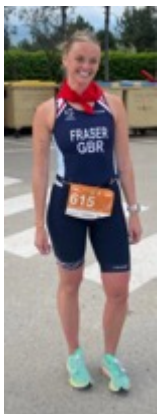
Representing Great Britain and Scotland



Catriona MacDonald represented Scotland at:

Snowdon International Race – July 2024

Trofeo Nasego World Cup Mountain Race, May 2025



Rachel Fraser represented Team GB at the European Aquathlon Championships, Navarra-Pamplona, Spain, May 2025.

Club Championship 2023-24 and Annual Awards Night

The 2023-24 Club Championship ended in early October 2024 and we held our Annual Awards Night on Saturday 19th October 2024 at Sloans, Glasgow.

Member of the Year

Andy Tomlinson was voted member of the year. This capped a remarkable year for Andy who became the first Bella to complete the 6 world marathon majors:



Most Improved



Bryan Kerr, Most Improved Male



Shirley Wieland, Most Improved Female

Awards 2023-24

Gents Club Champion: Tony Connelly

Ladies Club Champion: Grainne McGrath

Gents Senior Championship

Winner: Tony Connolly

Runner Up: Ross Horgan

3rd Place: Calum Borthwick

Ladies Senior Championship

Winner: Grainne McGrath

Runner Up: Cathy Wood

3rd Place: Poppy Bowie

Gents V40 Championship

Winner: Oscar Coetzee

Runner Up: Paul McNairn

3rd Place: Bruce Carse

Ladies V40 Championship

Winner: Emer Campbell

Runner Up: Jane McNeilly

3rd Place: Rhona Moran

Gents V50 Championship

Winner: Colin Hughes

Runner Up: Kenny Crawford

3rd Place: Martin McNulty

Ladies V50 Championship

Winner: Deborah Gray

Runner Up: Claire Wharton

3rd Place: Pauline Wright

Gents V60 Championship

Winner: Al Maclachlan

Runner Up: Jim Robinson

3rd Place: Frans Roelofse

Ladies V60 Championship

Winner: Shirley Wieland

Runner Up: Christine Milligan

3rd Place: Terry Nimmo

Gents V70 Championship

Winner: Stephen Bell

Runner Up: Murdoch Rodgers

Ladies V60 Championship

Winner: Shirley Wieland

Runner Up: Christine Milligan

3rd Place: Terry Nimmo

Gents XC Championship

Winner: Tony Connelly

Runner up: Calum Borthwick

3rd Place: Alan Moss

Ladies XC Championship

Winner: Catriona Macdonald

Runner up: Jen Conway

3rd Place: Claire Wharton

Gents Winter Handicap

Winner: Dave Ferguson

Runner Up: Craig Ross

3rd Place: Martin Murphy

Ladies Winter Handicap

Winner: Rhona Moran

Runner Up: Claire Wharton

3rd Place: Anne Campbell

Gents Off Road Championship

Winner: Jethro Browell

Runner up: Simon Wells

3rd Place: Jimmy McGreevy

Ladies Off Road Championship

Winner: Louise Ross

Runner Up: Laura Wilkinson

3rd Place: Kirsty MacFarlane

Gents Most Club Champs Races Completed

Winner: Jamie Wieland

Ladies Most Club Champs Races Completed

Winner: Cathy Wood and Louise Gray

Gent Attendance Award

Winner: Derek Rigmand

Ladies Attendance Award

Winner: Claire Wharton

Food Bank Run

In March 2025, we held the inaugural Bella Food Bank Run. Organised by Catherine Laurence, Rhoda Yarmoudhi and Jane McNeilly, members ran to the Glasgow Southeast Food Bank to deliver 351 items (a massive 185.9kg). Our efforts helped the Food Bank replenish their stores with their largest donation since Christmas.



The event was part of our 25th Birthday Celebrations but was so successful we are planning to hold it every year.

Social events

Christmas Fun Run

The Club's Christmas fun run took place Saturday 21st December. After zooming round Pollok parkrun, members headed back to the Clydesdale Cricket Club to refuel and catch up with Santa Claus.



Christmas Party

The annual Club Christmas Party took place on the same evening with a surprise Bella on the Telly interrupting the festivities – marathon superstar Andy Tomlinson on the BBC1 The Wheel



Club Quiz Night

The Club held its annual quiz night after the national cross-country championships in February at the Glasgow Ski Centre.



Race Marshalling

The club organised marshals for the Great Scottish Run Weekend early October 2024, the Glasgow Women's 10K and the Glasgow Men's 10K in June 2025. Friends and family also helped us out to ensure both events ran smoothly



Policies and decisions

The club held its Annual General Meeting on Monday 2nd June 2025 at the Fotheringay Centre, Pollokshields.

The Treasurer's report and President's report were presented and passed unanimously by members. There were no member's motions and the board proposed no changes to the club fees (increased last year).

The Chair thanked Stuart Laurence for all his hard work as membership secretary and Leanne McIntosh as Club Ladies Captain. Stuart is also stepping down from the Board of Trustees but Leanne will remain an ordinary member. We, therefore, announced the search for a new Ladies Captain and encouraged any interested members to come forward.

Financial Review

Please see Appendix 2 for the:

- Receipts and payments accounts
- Statement of balances
- Notes to the accounts

Review of the reporting period

Club income continued to grow in 2024-25; Training fees increased again as the club's membership grew and we were able to increase the number of runners at the Jimmy Irvine 10k race that the club organises.

The costs of organising the Jimmy Irvine race rose as we increased the number of runners who were able to participate. More runners means more t-shirts but we have seen a notable increase in the costs to organising the race. However, we were still able to make a surplus.

Out with the Jimmy Irvine race our biggest expenditure is on training costs. Whether this be hiring the track and club house for training or paying for coaching and training days. Our strong financial position means the club can continue to fund race fees for relay teams and the cross-country season.

Overall, we ended the year with a £12,047 surplus. However, £7,114 of this relates to entry fees for the 2025/26 Jimmy Irvine and the related costs for this race will not appear until next year's accounts. Taking this into account the club still had a strong financial year enabling the committee to keep fees low and look at new ways to support its members at training and races.

Plans for the future period

We hope to continue to see a growth in our membership numbers and we will continue to strive to provide an all-encompassing experience in both road and off-road running.

Reserves

The final cash balance for the reporting year is £47,477 (£35,430 2023/24)

The Trustees manage a savings account with their bank (Bank of Scotland), which was setup to hold at least £8,000 of this to provide for financial contingencies. This was principally to cover worst-case scenarios for an outright short-notice cancellation of our annual November 10k race, which is by far the single largest financial risk the club takes on.

Basis of accounting

The accounts have been prepared on the Receipts and Payments basis in accordance with the Charities & Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended)

Related party transactions

No transactions, outwith approved expenses (with receipt evidence) were paid to the trustees, or any connected persons during the year.

Independent Examiner

Julia McDonald was the independent examiner of the accounts, and to the Trustees. Julia is a CIPFA qualified accountant. Her examiner's report is attached as Appendix 1.

Approval

This report was approved by the following members of the Board of Trustees on

[SIGNATURE REDACTED FROM PUBLIC VERSION]

Trustee 1: Emer Campbell

[SIGNATURE REDACTED FROM PUBLIC VERSION]

Trustee 2: Kenneth Crawford

Appendix 1

Independent examiner's report on the accounts v2							
Report to the trustees/members of	Charity name Bellahouston Road Runners						
Registered charity number	SC047300						
On the accounts of the charity for the period	Period start date				Period end date		
	Day	Month	Year	to	Day	Month	Year
	01	August	2024		31	July	2025
Set out on pages	15 and 16 of the Trustees' Annual Report, and Appendix 2						
Respective responsibilities of trustees and examiner	The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.						
Basis of independent examiner's statement	My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the accounts.						
Independent examiner's statement	<p>In the course of my examination, no matter has come to my attention</p> <ol style="list-style-type: none"> 1. which gives me reasonable cause to believe that in any material respect the requirements: <ul style="list-style-type: none"> • to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and • to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations have not been met, or 2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached. 						
Signed:	[SIGNATURE REDACTED FROM PUBLIC VERSION]			Date:			
Name:	Julia McDonald						
Relevant professional qualification(s) or body (if any):	CIPFA - full member						
Address:							

Bellahouston Road Runners SC047300

Receipts and payments accounts

For the period from: 1st August 2024 to 31st July 2025

Section A Statement of receipts and payments

	Unrestricted funds	Restricted funds	Expendable endowment funds	Permanent endowment funds	Total funds current period	Total funds last period
	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £
A1 Receipts						
Donations	27,601				27,601	26,202
Legacies	-				-	-
Grants	-				-	-
Receipts from fundraising activities	-				-	-
Gross trading receipts	19,918				19,918	16,597
Income from investments other than land and buildings	91				91	116
Rents from land & buildings						
Gross receipts from other charitable activities						
A1 Sub total	47,610	-	-	-	47,610	42,915
A2 Receipts from asset & investment sales						
Proceeds from sale of fixed assets						
Proceeds from sale of investments						
A2 Sub total						
Total receipts	47,610				47,610	42,915

A3 Payments

Expenses for fundraising activities						
Gross trading payments	12,804				12,804	10,062
Investment management costs						
Payments relating directly to charitable activities	21,407				21,407	19,819
Grants and donations	1,352				1,352	882
Governance costs:						
Audit / independent examination						
Preparation of annual accounts						
Legal costs						
Other					-	-
					-	-
A3 Sub total	35,563				35,563	30,763

A4 Payments relating to asset and investment movements

Purchases of fixed assets						
Purchase of investments						
A4 Sub total						

Total payments	35,563				35,563	30,763
-----------------------	---------------	--	--	--	---------------	---------------

Net receipts (payments)	12,047				12,047	12,152
--------------------------------	---------------	--	--	--	---------------	---------------

A5 Transfers to / (from) funds

--	--	--	--	--	--	--

Surplus / (deficit) for year	12,047				12,047	12,152
-------------------------------------	---------------	--	--	--	---------------	---------------

Treasurer: