



Bellahouston Road Runners

Trustees' Annual Report and Financial Statements

For the period: 1 August 2020 to 31 July 2021

Reference and Administrative Information

Charity Name

Bellahouston Road Runners

Charity Number

SC047300

Address

% 100 Herries Road, Glasgow, G41 4AN

Trustees

The Trustees from 1st August 2020

- Richard Leyton (Chair)
- Jane McNeilly (Welfare Secretary)
- Danny Phillips
- Kevin Queenan
- Kenneth Crawford (Treasurer)
- Emer Campbell
- Susan Wilson

Members approved the Trustees at the [AGM held on 15th June 2021](#).

Introduction from the Chair

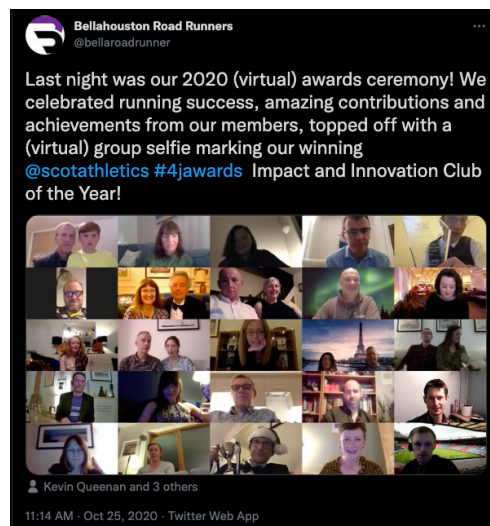
I am delighted to share the Bellahouston Road Runners Trustees' annual report, covering the period from August 2020 to July 2021.

Our previous reporting period was a story of two halves, pre-lockdown normality, followed by the club and its membership coming together over the first Coronavirus Lockdown. All in our 20th anniversary year.

This reporting period picks up the story - and challenge we set ourselves - for the club to build forward. It has been a remarkable year.

We were honoured and delighted to receive Scottish Athletics' **Impact and Innovation Club of the year** award, Glasgow Sports Council's **Club of the year** award, as well as many individual nominations and awards for the club and its amazing membership. We think these awards are a reflection on the huge contributions, achievements and innovations from, and inspired by, our members.

We continued to innovate. Our Coronavirus plan, built on the Scottish Athletics framework, was widely shared and referenced. Directly because of our plan, our group training setup could respond quickly to rule changes as they impacted group sizes, travel restrictions and social distancing regulations.



We were able to organise club-internal training events, enabling members to experience something close to a normal race experience in a club setting. We could also, when rules allowed, work collaboratively with other clubs to organise small scale track events.

Looking to the future period, we are mindful of strategic challenges. There are significant changes to our local sports facilities, as well as changes in support from local authorities impacting them, and us. There will be additional risks and costs for event organisation which may have an impact on our finances.

I am confident that the club and its membership will respond and adapt to these, and other, challenges. I'm continually reminded that the club has a real appetite to grow, build and innovate. At every training session or event I attend, our members are fostering a friendly, welcoming and supportive environment that embraces everybody.

The feedback I regularly hear from members is that the club, and the friendships they've made through it, are important parts of their lives, supporting their physical and mental wellbeing.

I've always felt that if we get these foundations right, everything else flows from that. I think this report reflects that, and I'm confident and optimistic we'll continue to do so into the next reporting period.

Richard Leyton, Chair of the Board of Trustees
20th February, 2022

Structure, Governance and Management

Constitution

The Charity is a Scottish Charitable Incorporated Organisation (a SCIO). It registered in its current legal form on 3 April 2017. The charity was previously an unincorporated association, started in the year 2000.

The club constitution, documents, publications, and previous annual reports are available on our website at: bellahoustonroadrunners.co.uk/the-club/charitable-status/

Appointment of Trustees

The club Trustees are drawn from its membership and form the Board. The Trustees are elected at the Annual General Meeting. Whilst they may be appointed outwith the AGM, they must then be approved at the next AGM.

The SCIO's most recent AGM was held on [15th June 2021](#).

There must be a minimum of three Trustees.

Objectives

Charitable purposes

Our charitable purposes are *the advancement of public participation in sport, and the provision of recreational facilities, or the organisation of recreational activities with the object of improving the conditions of life for the persons for whom the facilities or activities are primarily intended.*

We interpret this as working to make our part of Glasgow, our members, and the community we are a part of a healthier and more supportive place and for people to become fit and active through running.

Activities

The charity aims to promote and advance Athletics as a competitive sport, to provide recreational facilities and activities available to members of the public, to improve quality of life.

In almost any previous year - reflected in the first annual reports we published after becoming a charity - we did this through the organising of regular training sessions, a coaching plan, and regular training sessions. We encouraged members to participate in local, national and international events. We would also organise public participation events.

The Coronavirus pandemic that started in 2020, and continued through this reporting period, changed how we organise our activities. Restrictions on group sizes, and the guidance surrounding organised events, meant we necessarily focused more on our membership or working more closely with other clubs, as well as building our public profile.



Achievements

Covid plan

At the start of August, we were one of the first clubs in Scotland returning to limited group training, in open public spaces, using our Coronavirus sub-group's coronavirus plan. The plan drew on the work and framework provided by Scottish Athletics, but turned it into an actionable approach our volunteers, coaches, and members could use to safely train together.

The plan was well received by club members and more widely: We were approached by Scottish Athletics for permission to share it, to help and support other clubs form their own plans. Through the course of the reporting period the plan was kept up to date with the changing restrictions.

Coaching

We were delighted to welcome Robert Hawkins to our coaching team in August 2020. Robert has led the Scottish Athletics Marathon Project since 2019, and was the staff lead for the British Olympic marathon squad.

Robert set up our core club training blocks, provided support, guidance and mentoring to our lead coaches, as well as supporting and guiding members through Training Peaks, and hosted a number of virtual Q&A sessions with members, which included appearances from Olympians Callum and Derek Hawkins.

Our Covid plan meant more groups, and we needed more group leaders than before. Our members responded brilliantly, ensuring Covid rules and guidance was well communicated, and of course communicating the session specifics. A number of these new group leaders have started working towards coaching qualifications.

Group Training

With a structured Covid plan in place, and a great coaching team and more group leaders, we utilised the open spaces that were available to us to resume group training. In many cases this included local authority specific groups, as travel across boundaries was sometimes not permitted. Social media, Whatsapp in particular, became great tools for building camaraderie across the club when we trained in different locations.

When track facilities became available again, we took out bookings with a number of local tracks (Nethercraigs, Hutchieson's, and Barrhead High). These were preferable for dedicated space they gave to our groups.



Competing and racing

With opportunities to race at organised events not possible during the reporting period, the club continued to engage positively and enthusiastically in virtual racing and internal club activities or co-organised with nearby clubs, all within the group size/travel guidance in place at the time.

Virtual racing, which had started earlier in the lockdown, remained hugely popular with members, and we were the largest club, by participation, at all Scottish Athletics organised events. Participation was boosted by challenges for participating club members to take videos, photos, along a particular theme. [These were then collated into videos](#), set to music, and shared on social media. Whilst it was different from a race, they brought the club together, helped build inclusiveness and built ongoing participation.



We also organised club-focused events, allowing members to race together over set courses and distances. These races encompassed various distances, from 5k to 10 miles, in Pollok Park and Glasgow Green. When restrictions allowed, we also worked closely with nearby clubs (Bellahouston Harriers and the West End Road Runners) to organise joint track race events for our members at Hutchieson's track. A 3k Club track race was held at Nethercraigs, which was the first opportunity for many members to race on the track in larger numbers following the early 2021 lockdown.

A big highlight of our club year since our foundation, the President's Cup 5k handicap, couldn't be held in 2020, but was held successfully in June 2021 on a sunny Sunday morning in Bellahouston Park. A hugely popular event, a chance for members



to catch up, it was split into two separate groups due to rules in place at the time, but provided a fun variation to a popular event.

Sadly, because of the restrictions in place, our annual “Jimmy Irvine Bella 10k” event in Bellahouston park could not take place.

Social events

As well as competitive races, social events have always formed a core part of the club year.

We organised a virtual awards ceremony in October (see ‘Club Awards’ section). In addition, we organised Festive Fun Runs in three different parks/local authority areas due to restrictions at the time: Pollok Park for Glasgow, Barshaw park for Renfrewshire, Rouken Glen park for East Renfrewshire all featured members running a 5k in festive outfits, and was again very popular on social media.

We also held a variation on the now annual ‘Mob Match’ against Bellahouston Harriers. As parkrun was suspended, it was held virtually, with members racing and submitting times. We’re pleased to report we again won the ‘match’!



The ‘Meet the Bellas’ social media strand resumed in early 2021. A fun way for members to get to know each other, new members contributed their answers, as well as members who’d missed the chance first time around.

Awards

The club and its members were nominated for a number of awards in the Summer. Broadly because of the fantastic contribution by volunteers, coaches and members, the unprecedented nominations led to an unprecedented number of actual awards. These included:

- Scottish Athletics
 - **Impact and Innovation Club of the year**
- Sports Council for Glasgow, 2020 awards
 - **Senior Coach of the year**, to our lead coach Gerard Scullion
 - **Volunteer of the year**, to our President, Richard Leyton
 - **Club of the year**
 - **Best Social media presence**



Press coverage

There was positive coverage of the club in the local and national media as a result of our awards. The club was approached by Women's Running Magazine, and we were featured as the ['Club of the month' in June 2021](#).

Our members also featured on national radio. Richard Leyton was interviewed on BBC Radio Scotland after the first lockdown, as group activities resumed about the increase in running during the first lockdown. Anne Campbell after the second lockdown about the physical and mental health benefits of running in groups, which hadn't been possible for a few months. Steven Lamb took part in a discussion on training for the virtual Edinburgh marathon and how that differed from preparing for a real marathon.



Community engagement

The club engaged positively and proactively with stakeholders involved in the Nethercraigs sports facility, where we were based for many years before the pandemic. The funding challenges at Glasgow Life resulted in local organisation Pollok United taking on the management of the facility as part of Glasgow City Council's Communities initiative.

We engaged with Pollok United in several ways:

- We paid to use the track regularly, providing funds and support to Pollok United. They were consequently able to fund essential repairs to the track.
- We worked to encourage greater accessibility to the facility by individual track users.
- We regularly met with volunteers and staff to ensure track users were represented.

We also engaged through the year with Glasgow Council and Glasgow Life to put across the history and challenges with athletics and advocate for investment in the athletics track/facilities at Nethercraigs. The track is over 20 years old, in a state of disrepair, and needs significant investment.

We worked closely with Scottish Athletics, other clubs and groups in the area to explore solutions to the longer-term strategic challenges with athletics provision. We feel a stronger longer-term future for athletics at the facility will be driven by greater participation in athletics in the area.

Team and individual performance highlights

Club Awards

Our Annual Awards ceremony is a highlight of the club year. It allows us to recognise achievements and successes, as well as kick back and relax.

In the reporting year, because of the restrictions in place, we couldn't meet in person, so we held a 'virtual awards night'. A huge effort was put in to put together a fun and entertaining presentation, featuring lots of awards for so many members who had contributed in some way.

In lieu of meeting in one group, presentations of awards were made in a socially distanced way, with a video captured for playback at the virtual awards night. These soon took on a life of their own, with some fun 'surprise' awards, and number of 'doorstep' videos. It really built on the club's community spirit earlier in the pandemic (and in the previous reporting period).

Because of the amazing contribution by so many individual members, a special 'lockdown legend' award was minted to recognise the work put in.

Member vote awards

Member of the Year: **Gerard Scullion**

Most Improved Male: **Alan Digweed**

Most Improved Female: **Anne Campbell**



Athletics awards

Gents Club Champion: Grant Murphy

Ladies Club Champion: Cat Macdonald

Gents Senior Championship

Winner: Grant Murphy

Runner Up: Bryan Mulgrew

3rd Place: Stuart Laurence

Ladies Senior Championship

Winner: Cat Macdonald

Runner Up: Christie Ford

3rd Place: Isla McIntosh

Gents V40 Championship

Winner: Bruce Carse

Runner Up: Alan Digweed

3rd Place: James Shepherd

Ladies V40 Championship

Winner: Louise Ross

Runner Up: Emer Campbell

3rd Place: Ann Robin

Gents V50 Championship.

Winner: Gerry Scullion

Runner Up: Colin Hughes

3rd Place: John Mackenzie

Ladies V50 Championship

Winner: Rhoda Yarmahmoudi

Runner Up: Roz Wilson

3rd Place: Louise Gray

Gents V60 Championship

Winner: Allon Galbraith

Runner Up: Al Maclachlan

3rd Place: Frans Roelofse



Gents Winter Handicap

Winner: Allon Galbraith

Runner Up: Alan Moss

3rd Place: James Shepherd

3rd Place: Grant Murphy

Ladies Winter Handicap:

Winner: Isla McIntosh

Runner Up: Catriona Macdonald

3rd Place: Louise Ross

Gents Cross Country/Off Road

Championship. Winner: Grant Murphy

Runner Up: Stuart Laurence

3rd Place: Bryan Mulgrew

Ladies Cross Country/Off Road

Championship. Winner: Catriona Macdonald

Runner Up: Louise Ross

3rd Place: Isla McIntosh

Lockdown legends

- Kelly Ludwig
- Oscar Wild
- Rhoda Yarmahmoudi
- Gerard Scullion
- Gordon Goldie
- Alan Digweed
- Marty Campbell
- Laura Henderson
- Leanne McIntosh
- Louise Ross
- Emer Campbell
- Richard Leyton
- Kevin Queenan



Policies and decisions

No new policies were adopted by the Board during the course of the reporting period. However, following the AGM, the Board initiated a review of the policies formally in place, in light of amended safeguarding and disciplinary recommendations from our governing body, Scottish Athletics, and UKA. The Board intends to ensure it is in full compliance with the guidance from our governing bodies.

Constitutional amendment

Members at the 2021 AGM unanimously approved the first amendment to our constitution, in line with guidance from the Scottish charity regulator, OSCR, to amend governing documents in support of virtual meetings and decision making.



Financial Review

Please see Appendix 2 for the:

- Receipts and payments accounts
- Statement of balances
- Notes to the accounts

Review of the reporting period

The Coronavirus pandemic had no significant net impact on our figures, with an operating surplus of £1,308.

The lack of our annual race, the Jimmy Irvine Bella 10k, meant that gross receipts and payments were down by approximately a third on the previous reporting period.

A claim for gift aid wasn't lodged during the period, which would have increased the income slightly. We anticipate processing this in early 2022.

Plans for the future period

With the reducing likelihood of travel restrictions, and indoor facilities once again possible, the club will likely be focusing track and indoor facility bookings in one place. We'd expect these costs to return to usual trends.

At the end of the reporting period the club had begun exploring facilities, as Nethercraigs wasn't available. The Clydesdale Cricket Club, adjacent to Hutchesons' track facility, appeared likely.

With facility costs, and a return to racing at district and national level (with the club covering costs of entry for members, in line with our race entry payment policy), overall costs for the club are expected to increase in 2021/22.

This will be more significant as the club does not expect to be able to hold a 10k in November 2021: the triple impact of covid restrictions/difficulties, ongoing disruption to Bellahouston park (water and drainage works), and COP26 restrictions on use of parks. We therefore expect to see an impact on its balance and reserves as a result.

We hope to continue to see a growth in our membership numbers, with over 230 members at the close of the reporting period. Attendance at training continues to increase, and we hope this trend will continue through 2021/22.

Reserves

The final balance for the reporting year is £20,124 (£18,816 in previous year).

The Trustees manage a savings account with their bank (Bank of Scotland), which was setup to hold at least £8000 of this to provide for financial contingencies. This was principally to cover worst-case scenarios for an outright short-notice cancellation of our annual November 10k race, which is by far the single largest financial risk the club takes on.

Basis of accounting

The accounts have been prepared on the Receipts and Payments basis in accordance with the Charities & Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended)

Related party transactions

No transactions, outwith approved expenses (with receipt evidence) were paid to the trustees, or any connected persons during the year.

Independent Examiner

Julia McDonald was the independent examiner of the accounts, and to the Trustees. Julia is a CIPFA qualified accountant. Her examiner's report is attached as Appendix 1.

Approval

This report was approved by the following members of the Board of Trustees on 20th February, 2022

[SIGNATURE REDACTED FROM PUBLIC VERSION]

Trustee 1: Richard Leyton

[SIGNATURE REDACTED FROM PUBLIC VERSION]

Trustee 2: Kenneth Crawford

Appendix 1

		Independent examiner's report on the accounts v2						
Report to the trustees/members of		Charity name Bellahouston Road Runners						
Registered charity number		SC047300						
On the accounts of the charity for the period		Period start date				Period end date		
		Day	Month	Year		Day	Month	Year
		01	August	2020	to	31	July	2021
Set out on pages		13 and 14 of the Trustees' Annual Report (2019-20), and Appendix 2						
Respective responsibilities of trustees and examiner		The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.						
Basis of independent examiner's statement		My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the accounts.						
Independent examiner's statement		<p>In the course of my examination, no matter has come to my attention</p> <ol style="list-style-type: none"> which gives me reasonable cause to believe that in any material respect the requirements: <ul style="list-style-type: none"> to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations have not been met, or to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached. 						
Signed:		[SIGNATURE REDACTED]				Date:	20/2/2022	
Name:		Julia McDonald						
Relevant professional qualification(s) or body (if any):		CIPFA - full member						
Address:		[ADDRESS REDACTED]						

Bellahouston Road Runners

SC047300



Receipts and payments accounts							
For the period from	Aug-20			to	Jul-21		
	Day	Month	Year		Day	Month	Year
	01	08	2020		31	07	2021

Section A Statement of receipts and payments

	Unrestricted funds	Restricted funds	Expendable endowment funds	Permanent endowment funds	Total funds current period	Total funds last period
	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £
A1 Receipts						
Donations	18,679				18,679	15,718
Legacies	-				-	-
Grants	-				-	-
Receipts from fundraising activities	-				-	-
Gross trading receipts	-				-	13,386
Income from investments other than land and buildings	1				1	5
Rents from land & buildings					-	-
Gross receipts from other charitable activities					-	-
					-	-
A1 Sub total	18,680	-	-	-	18,680	29,109

A2 Receipts from asset & investment sales

Proceeds from sale of fixed assets	-				-	-
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Proceeds from sale of investments	-				-	-
A2 Sub total	-	-	-	-	-	-
Total receipts	18,680	-	-	-	18,680	29,109

A3 Payments

Expenses for fundraising activities					-	-
Gross trading payments	-				-	9,952
Investment management costs					-	-
Payments relating directly to charitable activities	17,147				17,147	18,908
Grants and donations	225				225	867
Governance costs:					-	-
Audit / independent examination					-	-
Preparation of annual accounts					-	-
Legal costs					-	-
Other					-	-
					-	-
A3 Sub total	17,372	-	-	-	17,372	29,727

A4 Payments relating to asset and investment movements

Purchases of fixed assets					-	-
Purchase of investments					-	-
A4 Sub total	-	-	-	-	-	-
Total payments	17,372	-	-	-	17,372	29,727
Net receipts / (payments)	1,308	-	-	-	1,308	(618)

A5 Transfers to / (from) funds					-	-
Surplus / (deficit) for year	1,308	-	-	-	1,308	(618)

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Section B Statement of balances

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
B1 Cash funds	Cash and bank balances at start of year	18,816				18,816	19,434
	Surplus / (deficit) shown on receipts and payments account	1,308				1,308	(618)
						-	
						-	
	Cash and bank balances at end of year	20,124	-	-	-	20,124	18,816
	(Agree balances with receipts and payments account(s))	-	-	-	-	-	-

[illegible]

Details	Fund to which asset belongs	Cost (if available) to nearest £	Current value (if available) to nearest £	Last year to nearest £
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Section B Statement of balances

B3 Other assets						
Total				-	-	-

Details		Fund to which liability relates	Amount due to nearest £	Last year to nearest £
B4 Liabilities	Hutcheson Grammar School		144	-
	Bellahouston Harriers		25	
Total			169	-

Details		Fund to which liability relates	Amount due (estimate) to nearest £	Last year to nearest £
B5 Contingent liabilities				

Bellahouston Road Runners

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Section B Statement of balances

		Total	-	-

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
[SIGNATURE REDACTED]	Kenneth Crawford	20/02/2022
[SIGNATURE REDACTED]	Richard Leyton	20/02/2022

Section C Notes to the Accounts

C1 Nature and purpose of funds *(may be stated on analysis of funds worksheets)*

We have a Treasurers Business Account which is used to take income from membership, race entries and other income. We also have a savings account which is used to store excess funds the club has for any projects which may occur. There is no restrictons on the use of these accounts

C2 Grants

Type of activity or project supported	Individual / institution	Number of grants made	£
		Total	-

C3a Trustee remuneration

If no remuneration was paid during the period to any charity trustee or person connected to a trustee cross this box (otherwise complete section 3b)	X
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Authority under which paid	£
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C3b Trustee remuneration - details

C4a Trustee expenses

If no expenses were paid to any charity trustee during the period then cross this box (otherwise complete section 4b)	X
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C4b Trustee expenses - details

	Number of trustees	£

C5 Transactions with trustees and connected persons

Nature of relationship	Nature of transaction	Transaction amount (£)	Balance outstanding at period end (£)

C6 Other information

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